



FIND FUN!

# Activity & Program Guide

MAY • JUNE • JULY • AUGUST 2024

*Si desea esta guía en español, llame al (760) 347-3484*



Dear DRD Friends,

I hope this message finds you in great health and high spirits. As the General Manager of Desert Recreation District, it is my pleasure to extend a warm welcome to each and every one of you.

At Desert Recreation District, we believe in the transformative power of recreation and the immense joy it brings to our lives. As we embark on another exciting summer season, our team is dedicated to providing you with a diverse range of activities and programs that cater to all ages and interests.

Whether you're seeking the thrill of outdoor adventures, the camaraderie of team sports, or the serenity of wellness activities, we have something for everyone. Our goal is to create an inclusive and vibrant community where individuals and families can come together, share experiences, and create lasting memories.

I encourage you to explore our comprehensive activity guide or visit us online at [MyRecreationDistrict.com](http://MyRecreationDistrict.com), where you'll find a wealth of opportunities to engage, learn, and grow. From youth programs fostering creativity to adult fitness classes promoting well-being, Desert Recreation District is here to support your journey towards a healthier and more fulfilling lifestyle.

Thank you for being an essential part of our community. Your enthusiasm and participation make all the difference. Let's make this season one to remember!

Wishing you a fantastic and adventurous time ahead.

Best Regards,

Kevin Kalman  
General Manager

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## Join The Fun Team!

### WE ARE HIRING.

If you *Enjoy* working with people, or if you have a *Passion* for recreation and fitness, we may be a great fit for you.

**Recreation Leaders, Lifeguards, Sport Instructors**  
are just a few of the **Great Job Opportunities** at DRD!

**VARIETY OF POSITIONS AVAILABLE**  
**FULL & PART TIME**

**Apply today to join the "FUN TEAM"**  
**at Desert Recreation District!**

[MyRecreationDistrict.com/employment-opportunities](http://MyRecreationDistrict.com/employment-opportunities)

**OR just scan**  
**the QR code**



### Independent Contract Instructors!

Do you have a class or program that you want to share with our guests? DRD is always looking for new classes that will spread the fun within our communities. Please go to our website to learn more on becoming a Contract Instructor.

**Join The Fun Team!**

# DESERT RECREATION DISTRICT

## Board of Directors

Please note some larger communities are represented by more than one board member.



**NATALIA GONZALEZ**

*Vice President*

**Division 1**

TERM: 12/2/22 to 12/4/26  
Indio, La Quinta,  
Mecca, North Shore,  
Oasis, Thermal,  
Vista Santa Rosa  
and 100 Palms



**RUDY GUTIERREZ**

*Director*

**Division 2**

TERM: 12/4/20 to 12/6/24  
Chiriaco Summit,  
Coachella, Indio  
and Indio Hills



**LUIS ESPINOZA**

*President*

**Division 3**

TERM: 10/4/22 to 12/6/24  
Indio



**RUDY ACOSTA**

*Director*

**Division 4**

TERM: 12/2/22 to 12/4/26  
Bermuda Dunes,  
Desert Palms,  
Indian Wells,  
La Quinta and  
Palm Desert



**LAURA MCGALLIARD**

*Director*

**Division 5**

TERM: 12/4/20 to 12/6/24  
Palm Desert,  
Rancho Mirage and  
Thousand Palms

Desert Recreation District is governed by an elected Board of Directors. There are five members of the DRD Board of Directors, each serving one of the electoral divisions listed under each member's name. These electoral divisions make up the District's broad territory, which stretches from Rancho Mirage (at Bob Hope Drive) east to the Salton Sea.

## General Information

### ■ DISCOUNTS

At this time, we are not able to offer discounts for additional family members such as second and third children in our after school programs as we strive to provide the best value to all our guests. Therefore, we have set our prices at the best price-point we can offer, which does not allow for discounting.

### ■ ERRORS

While every effort is made to assure accuracy of our program information, errors may occur from time to time so we recommend calling to verify information. We apologize if we have made an error in this or any of our publications. PLEASE NOTE: All programs are subject to change without prior notice.

### ■ FEES

All fees stated in this guide are for District Residents. To determine if your residence falls within the District boundaries, please enter your address at [MyRecreationDistrict.com/map-board-representatives](http://MyRecreationDistrict.com/map-board-representatives). You can also see both the resident and non-resident fees when you view the details of any of the activities in this guide online. If you need additional assistance, please call 760-347-3484.

### ■ HOURS

The hours we are open varies by Community Center location, activity, and other items such as time of year and special events. Due to all the variations, we recommend calling our Administrative Office at (760) 347-3484 to check the hours we are open in any particular location.

### ■ PHOTOGRAPHS & VIDEOS

Desert Recreation District (DRD) reserves the right to photograph and video facilities, activities, program and special event participants for potential future use. All photographs and video, whether digital or hard copy, will remain property of DRD and may be used for publicity or promotional purposes only.

### ■ REFUND/PRORATION/MAKE-UP POLICY

Refunds are only given if Desert Recreation District cancels a program or class. We are sorry; however, we cannot offer make-up classes or prorated fees for missed classes if you cannot attend all classes as we have reserved a spot for you, and possibly turned others away based on your enrollment.

# Bermuda Dunes

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Bermuda Dunes Community Center



78-400 Avenue 42, Bermuda Dunes, CA 92203

(760) 347-3484

HOURS: See Activities for Times/Days



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE FITNESS –

#### **HYBRID (Online & In-person classes offered)**

Join us for a demanding workout that has options for all ability levels. Class focuses on strength & conditioning with the use of minimal equipment. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 10 – 11 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: Free

### ADAPTIVE GYMNASTICS

Our trained coaches will work with the individual needs of the participants to ensure a safe environment in this gymnastics class.

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 10:30 – 11:15 a.m.

AGES: 4 – 10 Years of Age with a Disability or a Special Need

FEE: \$25 per Month



### ADAPTIVE MUSIC

Join us in our movement-based music class made for all bodies. Class incorporates fitness, drumming, rhythm, and more.

ENROLLMENT: Ongoing

DAYS: Fridays

TIME: 1 – 2 p.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



### ADAPTIVE SEATED FITNESS –

#### **HYBRID (Online & In-person classes offered)**

Class focuses on strength, conditioning, and stretching with the use of minimal equipment while in a seated position. Exercise options available for all ability levels. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 10 – 11 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: Free

### ADAPTIVE STRETCH & STRENGTHENING

This program incorporates a series of dynamic stretches and breathing techniques to promote muscle relaxation and flexibility while utilizing a sensory integration approach.

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 10 – 10:45 a.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

### ADAPTIVE ZUMBA

Join us for a great dance workout and music! The program is a modified version of Zumba. All skill and ability levels are welcome to attend.

ENROLLMENT: Ongoing

DAYS: Thursdays

TIME: 1 – 2 p.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



# Bermuda Dunes

**Please Note:** All in-person activities take place at the **Bermuda Dunes Community Center** unless otherwise noted in the activity details that follow.

## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### PARENT & GUARDIAN COFFEE HOUR

This is a peer support group for parents and guardians of children with a disability or special need provided by the collaboration Olive Tree OT, Building Bridges, Autism Society Inland Empire, and Desert Recreation District. Parenting special needs children/adults can bring immense joy but can also bring unique challenges. Share your journey with other parents who get it, as well as share resources.



Please email [Paloma@OliveTreeOT.com](mailto:Paloma@OliveTreeOT.com) for activity room registration.

DATES: June 25 • August 27

DAYS: Tuesdays TIME: 10 – 11:30 a.m.

AGES: All Ages FEE: Free

## ART & MUSIC

### BEGINNING PIANO

The piano's timeless pitch and tone make it one of the friendliest instruments to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere. Our Piano classes teach students how to read music along with theory and technique.



ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 4 – 5 p.m.

AGES: 7 – 17 Years of Age FEE: \$85 per Month

## DANCE

### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 5:30 – 6:15 p.m.

AGES: 2 ½ – 5 Years of Age

FEE: \$42 per Month

## ZUMBINI

Zumbini is a music and movement class for children 4 months to 4 years of age with a caregiver. This class develops cognitive, social, emotional, and motor skills in a fun, musical way with songs, dances, and musical instruments.

ENROLLMENT: May & June

DAYS: Tuesdays TIME: 4:15 – 5 p.m.

AGES: 4 months – 4 Years of Age with Caregiver

FEE: \$45 per Month DROP-IN FEE: \$15 per Class

## HEALTH & FITNESS

### GENTLE YOGA FOR ACTIVE ADULTS

In Gentle Yoga for Active Adults, we use a holistic and therapeutic approach to promote overall wellness, longevity, rejuvenation, and relaxation using a variety of yoga techniques and postures.

ENROLLMENT: Ongoing

DAYS, TIMES & FEES:

Mondays • 9:30 – 10:15 a.m. • \$55 per Session

Thursdays • 9 – 9:45 a.m. • \$55 per Session

AGES: 18 Years of Age and Over

DROP-IN FEE: \$16 per Class



## BERMUDA DUNES COMMUNITY COUNCIL MEETINGS

The Community Council meets at 6 p.m. the second Thursday of January, March, May, September, and November, and the public is welcome to attend.

Please check at [www.Rivco4.org](http://www.Rivco4.org) before attending as meetings may be held via ZOOM.

Date: May 11, 2024

Thank you.

# Cathedral City

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## Cathedral City High School Swimming Pool



69-250 Dinah Shore Drive, Cathedral City, CA 92201  
(760) 347-3484

HOURS: See Activities for Times/Days



## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – RIVER CANYON

*In partnership with Hope through Housing, this Kids Club location is exclusively for the children and teens that reside at River Canyon Apartment Complex; this program provides mentorship, a healthy snack, homework assistance, and activities that support academic enrichment. This program is also designed to engage teens, promote open communication, bridge multicultural differences, and enhance leadership development.*

**Please note:** During the Summer Session dates between June 13 and August 1, rather than homework assistance, the focus will include subjects like cooking, crafts, and science activities.

LOCATION: River Canyon Apartment Complex

DAYS, TIMES & DATES:

**Monday through Friday • 3 – 6 p.m.**

May 1 – 31 • June 1 – 7 • August 7 – 30

**Tuesday & Thursday • 3 – 6 p.m.**

June 11 – 27 • July 2 – 30 • August 1

AGES: 5 – 17 Years of Age

FEE: Free



## SWIM & WATER ACTIVITIES



## Cathedral City

The City of Cathedral City has full scholarships available due to the generosity of the Cathedral City Council. Scholarships are available on a first come, first served basis.

### ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT CATHEDRAL CITY HIGH SCHOOL

#### ENTRY FEES:

**CHILDREN:** \$3 (*Under 3 Years of Age are free*)

**ADULTS:** \$4

**POOL HOURS:** First day – Monday, June 10  
Last day – Friday, August 2

#### MONDAYS – THURSDAYS:

8 – 8:45 a.m. (Water Fitness/Lap Swim)

9 – 11 a.m. (Youth Lessons/Lap Swim)

1:45 – 3:45 p.m. (Water Fitness/Open Swim)

#### FRIDAYS:

8 – 11:45 a.m. (Lap Swim/Open Swim)

1:45 - 3:45 p.m. (Open Swim)

#### SATURDAYS:

8 a.m. – 12 p.m. (Lap Swim/Open Swim)

## SPECIAL POOL EVENT

Join us on Friday, June 14 for

**“Free Swim Friday”** from 5 – 9 p.m.

### DIVE-IN MOVIES

Join us from 7:30 – 10:30 p.m. on Saturday June 22 for a showing of the movie **TROLLS**, or on July 20 for **ELEMENTAL** at Cathedral City High School Pool (movies begin at dusk) – check our website at [MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies) for details on these and all of the great movies we offer!



# Cathedral City

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## SWIM & WATER ACTIVITIES

### WATER SAFETY DAY WITH LENNY THE LANDSHARK

Come join us for a fun and interactive introduction to water safety for children with Lenny the LandShark. Topics include basic water safety, sun safety, importance of a life jacket, overview of a pool, canal safety, and how to call for help. Lenny the Landshark coloring books will be provided.



LOCATION: Cathedral City High School Swimming Pool

DATE: Wednesday, July 17 TIME: 2 – 3 p.m.

AGES: 3 - 11 Years of Age FEE: Free

### JUNIOR WATER POLO

Water polo is a fun and energetic sport that focuses on team cohesion and game strategy. During this class, participants will learn proper ways to shoot and pass the ball, as well as defensive and offensive techniques. Participants must also be able to tread water and swim two lengths of the pool nonstop.

DATES: June 14 – July 12

DAYS: Fridays TIME: 10 a.m. – 12 p.m.

AGES: 8 – 13 Years of Age FEE: \$75

### ADAPTIVE SWIM

#### ADAPTIVE SPLASH PLAY

Individuals with a disability or special need are welcome to join an early Open Swim, providing the opportunity to practice swimming skills and have fun with friends and family.



DATES: June 14 – July 5 • July 12 – August 2

DAYS: Fridays TIME: 4 – 4:45 p.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need  
FEE: Free

## ADULT WATER CLASSES

### ADULT WATER AEROBICS

Water Aerobics is designed as a high intensity interval training course that incorporates the use of body weight, water weights, and noodles. Swimming ability is not required.

AGES: 18 Years of Age & Over

FEE: \$50 per Session TIME: 8 – 8:45 a.m.

DAYS & DATES

**Mondays & Wednesdays:** June 10 – July 3 • July 8 – 31

### SENIOR SPLASH CLASS

A slow-paced Water Aerobics class that focuses on expanding flexibility and maintaining strength designed for the active senior. Senior Splash



incorporates the use of body weight, water weights, and noodles. Swimming ability is not required.

AGES: 62 Years of Age & Over

FEE: \$25 per Session TIME: 8 – 8:45 a.m.

DAYS & DATES:

**Tuesdays & Thursdays:** June 11 – July 4 • July 9 – August 1

## CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: June 10 – 20      SESSION 3: July 8 – 18

SESSION 2: June 24 – July 4      SESSION 4: July 22 – Aug 1

### INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.



**Parent & Me Classes:**

AGES: 6 Months – 3 Years of Age

TIME: 9 – 9:45 a.m. **OR** 11 – 11:45 a.m.



# Cathedral City

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.



**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age

TIMES: 9 – 9:45 a.m. **OR** 10 – 10:45 a.m. **OR** 11 – 11:45 a.m.

## GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

**Penguins 1** AGES: 6 ½ – 12 Years of Age

TIMES: 9 – 9:45 a.m. • 10 – 10:45 a.m.

**Penguins 2** AGES: 8 – 12 Years of Age

TIMES: 9 – 9:45 a.m. • 10 – 10:45 a.m.



**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke, and butterfly kick, elementary backstroke as well as additional water safety.

AGES: 6 ½ – 12 Years of Age

TIMES: 10 – 10:45 a.m.



**BARRACUDAS:** Front crawl, back crawl, backstroke, breaststroke, and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

AGES: 7 – 13 Years of Age

TIMES: 11 – 11:45 a.m.



**SHARKS:** The sharks are sharp as they focus on endurance with backstroke and freestyle, master freestyle breathing and build on the butterfly and elementary backstroke.

Turning at the wall is introduced. Requirements include freestyle with side breathing, backstroke, and elementary backstroke for 25 yards.

AGES: 8 – 14 Years of Age

TIMES: 11 – 11:45 a.m.



## The COACHELLA VALLEY DISCERS is a local Disc Golf Club based in the beautiful Coachella Valley.

Desert Recreation District (DRD) is excited to partner with the Coachella Valley Discers to help bring new Disc Golf events and future programs to the desert for one of the fastest growing sports for all to enjoy! Check DRD's website for future programs and locations at [MyRecreationDistrict.com](http://MyRecreationDistrict.com) and for current Coachella Valley Discers events and tournaments go to [facebook.com/groups/cvdiscers](https://facebook.com/groups/cvdiscers).

**COME OUT AND PLAY WITH US!**  
Enjoy some fun and friendly competition under the Coachella Valley sun.



# Coachella

**Please Note:** All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** : For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Bagdouma Park Community Center



51-251 Douma Street, Coachella, CA 92201  
(760) 501-8120

HOURS: Mon, Wed, Thurs, Fri: 2:30 – 6 p.m.  
Tuesday: 3 – 7:30 p.m.  
Saturday & Sunday: Closed

## Bagdouma Community Pool



84-599 Avenue 52, Coachella, CA 92236  
(760) 347-3484

Reserve Spring and Summer Rentals Now

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### 50+ STRONG

*Strengthen muscles, maintain joint flexibility, and increase blood flow with exercises that benefit the entire body while having FUN!*

ENROLLMENT: Ongoing

DAYS: Mondays & Wednesdays

TIME: 8:30 – 9:30 a.m.

AGES: 50 Years of Age and Over

FEE: Free



## ART & MUSIC

### GUITAR – BEGINNING

*Learn the basics such as strumming, rhythm, finger picking and tuning - techniques that will get students playing right away! Lessons include how to read chord charts and tablature.*

ENROLLMENT: May

DAYS: Thursdays TIME: 5:15 – 6:15 p.m.

AGES: 9 Years of Age and Over FEE: \$50 per Month



### PIANO – BEGINNING

*Students will learn piano in a class setting, using the keyboard. They will learn notes and rhythm while playing, in addition to learning the beginning of scales and hand positions all on the keyboard.*

ENROLLMENT: Ongoing

DAY: Tuesdays TIME: 5:30 – 6:30 p.m.

AGES: 7 – 16 Years of Age FEE: \$70

# Coachella

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – LAS CASAS

In partnership with the Coachella Valley Housing Coalition, this Kids Club is exclusively for the residents at Las Casas Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Las Casas Apartments

DATES: Ongoing During School Year  
(holidays may be excluded)

TIMES: 2:30 – 6 p.m.

DAYS: Tuesday through Friday

AGES: 5 – 17 Years of Age FEE: Free



### SUMMER CAMP

Summer Camp begins right away with fun and lively camp activities guided by our incredible Staff.

Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games. All activities are carried out under the watchful eye of our camp Staff.



AGES: 5 – 11 Years of Age

(child must have completed Kindergarten)

DAYS: Mondays – Fridays

FULL DAYS – TIME: 7:30 a.m. – 5:30 p.m.

HALF DAYS – TIME: 12 – 5:30 p.m.

**Three Week Session Dates & Fees – Full Days:**

SESSION 1: June 17 – July 5 • \$336 (holidays excluded)

SESSION 2: July 8 – 26 • \$360

SESSION 3: July 9 – August 16 • \$360

WEEKLY FEE: (weekly sessions begin June 17, 24,  
July 1, 8, 15, 22, 29, August 5 and 12)

\$140 per 1 Week Session (average cost)

\$80 per 1 Week Sessions for Half Days

DROP-IN FEE: \$30 per Full Day

(No drop-ins available on Field Trip Days)

Scholarships are available through the City of Coachella, for Coachella residents.

## COMMUNITY EVENTS

### FOURTH OF JULY CELEBRATION – CITY OF COACHELLA

Independence Day Celebration at Bagdouma Park in Coachella. This annual festivity includes fireworks, games, local food vendors, live music, and fun for the whole family! For more information or questions about this event, please visit [Coachella.org](http://Coachella.org) or contact: **760-501-8100**.



LOCATION:

Bagdouma Park in Coachella

DATE: Wednesday, July 3

TIME: 6 – 9 p.m. AGES: All Ages

FEE: Free

## DANCE

### BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

ENROLLMENT: Ongoing

DAY: Fridays TIME: 5:30 – 6:15 p.m.

AGES: 5 – 10 Years of Age

FEE: \$42 per Month



# Coachella

**Please Note:** All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

## DANCE

### **DANCE, PLAY & PRETEND**

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing DAY: Thursdays

TIME: 4 – 4:45 p.m.

AGES: 2 ½ – 5 Years of Age

FEE: \$42 per Month

### **FOLKLORICO (Ballet Folklorico)**

Learn the many different styles of the cultural dance originated in Mexico. The choreography reflects Mexico's diverse ethnic makeup through dances steps influences by Spain, European, African and Caribbean cultures.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIMES & AGES: 5:30 – 6:30 p.m. • 3 – 5 Years of Age  
6:35 – 7:35 p.m. • 5½ – 8 Years of Age

FEE: \$55 Per Month

(Shoes and dress can be purchased with the instructor)



**Find Culture!**

## MOVIES

### **MOVIES IN THE PARK**

We are pleased to partner with the City of Coachella to bring you movies right here in your neighborhood. Family and friends of all ages will enjoy free Family Movies in the park all summer long! You can also check our website at [MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies) for the most up-to-date movie titles, locations, dates, and times. **Please note inclement weather such as high winds can alter the schedule.**

DATE & MOVIE: May 3 – Trolls Band Together

May 10 – Wish • May 17 – Wonka • May 24 – Migration

DAYS: Fridays TIME: 7:30 – 10 p.m.

AGES: All Ages

FEE: Free



## SPORTS

### **BASKETBALL**

#### **BASKETBALL GAME ZONE**

Come take your game to the next level! Classes will help basketball athletes develop in game experience with scrimmages and pick up style games each class. Classes consists of: 15 min Individual Ball Skills and 40 min 3v3 or 4v4 games.

LOCATION: Bagdouma Park Basketball Courts

ENROLLMENT: June 13 – July 25

DAYS: Thursdays TIME: 6 – 7 p.m.

AGES: 7 – 12 Years of Age FEE: \$40



### **T-BALL**

#### **T-BALL ROOKIES**

Instructors will guide participants towards developing their baseball skills which will include catching, throwing, batting stance and base running, as well as cover the fundamentals of baseball. This program is great for participants who have little to no baseball experience. Athletes will be required to bring their own glove and we strongly encourage to bring your own bat and helmet.

LOCATION: Bagdouma Park Green Space Area

ENROLLMENT: May, June, July

DAYS: Tuesdays **OR** Thursdays TIME: 5:15 – 6 p.m.

AGES: 4 – 6 Years of Age

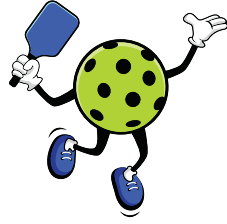
FEE: \$30 per Month

# Coachella

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## PICKLEBALL YOUTH PICKLEBALL

Pickleball is an indoor or outdoor racket/paddle sport in which two players, or four players, play against each other by hitting a hollow ball over a net. This introductory class will teach your child the basic rules, techniques, and fundamentals of Pickleball.



LOCATION: Bagdouma Park Pickleball Courts  
ENROLLMENT: May, June, July  
DAYS: Tuesdays **OR** Thursdays  
TIME: 6:15 – 7:15 p.m. AGES: 7 – 13 Years of Age  
FEE: \$40 per Month

## SOCCER TINY SOCCER STARS

Our instructors will teach children the beginning fundamentals of the sport of soccer that include passing, trapping, shooting, and defending. This program is great for participants who have little to no soccer experience. We encourage participants to bring shin guards and non-skid athletic shoes. **\*Please note: A 50% scholarship is available for Coachella residents thanks to the National Recreation Park Association. Must register in person and have proof of Coachella residency to receive scholarship. For more information, please contact Beatrice Padilla [bpadilla@drd.us.com](mailto:bpadilla@drd.us.com).**



LOCATION: Bagdouma Park Soccer Field #2  
ENROLLMENT: May, June, July  
DAYS: Mondays **OR** Wednesdays  
TIME: 6:15 – 7 p.m. AGES: 4 – 6 Years of Age  
FEE: \$30 per Month\*



## TODDLER & ME SOCCER

Toddler and Me Soccer will consist of fun toddler friendly soccer activities, exercises, and games. It is a wonderful opportunity to teach your kiddo how to socialize and stimulate brain development through active play. **\*Please note: A 50% scholarship is available for Coachella residents thanks to the National Recreation Park Association. Must register in person and have proof of Coachella residency to receive scholarship. For more information, please contact Beatrice Padilla [bpadilla@drd.us.com](mailto:bpadilla@drd.us.com).**



LOCATION: Bagdouma Park Soccer Field #2  
ENROLLMENT: May, June, July  
DAYS: Mondays **OR** Wednesdays  
TIME: 5:30 – 6 p.m. AGES: 2 – 4 Years of Age  
FEE: \$20 per Month\*

## YOUTH FUTSAL CLINIC

Futsal is a type of indoor soccer ideal for ball mastery/creativity. It can also be played outdoors on a concrete court or surface. Classes consists of: 15 min Individual Ball Skills and 40 min 3v3 or 4v4 games. Classes will be held in the shaded structure.

ENROLLMENT: May, June, July DAYS: Fridays  
TIME: 5 – 6 p.m. AGES: 7 – 10 Years of Age  
FEE: \$40 per Month



## YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills. For all classes we will also cover the fundamentals of the sport of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.

LOCATION: Bagdouma Park Soccer Field #2  
ENROLLMENT: May, June, July  
DAYS: Mondays **OR** Wednesdays  
TIME: 7 p.m. AGES: 6 – 10 Years of Age  
FEE: \$40 per Month

# Coachella

**Please Note:** All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

## SWIM & WATER ACTIVITIES

**ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT BAGDOUMA COMMUNITY POOL**

### ENTRY FEES:

**CHILDREN:** \$3 (Under 3 Years of Age are free)

**ADULTS:** \$4

### POOL DATES & HOURS:

First day – June 10 • Last day – September 2

(Hours will be reduced to weekends only beginning August 17)

### MONDAYS – THURSDAYS:

12:30 – 3:30 p.m. (Open Swim)

4 – 6 p.m. (Youth Lessons)

7 – 9 p.m. (Open Swim)

### FRIDAYS:

12:30 – 4 p.m. and 6 – 9 p.m. (Open Swim)

### SATURDAYS:

12:30 – 4 p.m. (Open Swim)

4 p.m. (Adaptive Splash Play/Free)

5 – 9 p.m. (Open Swim)

### SUNDAYS:

12:30 – 4 p.m. and 5 – 9 p.m. (Open Swim)

## SPECIAL POOL EVENT

Join us on Friday, June 14 for

**“Free Swim Friday” from 5 – 9 p.m.**

## COACHELLA RESIDENT SWIM PASSES

Apply on our website under **SWIM & WATER PROGRAMS** after 8:30 a.m. Pacific Time on **May 19, 2024.**



Up to 300 open swim passes will be issued to Coachella residents on a first come, first served basis. Swim passes will provide Coachella residents with free use of Bagdouma Community Pool during the summer months beginning June 5 and will end on September 2. To qualify for an open swim pass, Coachella residents must provide a utility bill or three pieces of delivered mail and a photo ID or driver license.

## COMMUNITY POOL ACTIVITIES

### DIVE-IN MOVIES – ELEMENTAL

Family and friends of all ages will enjoy a free Family Movie at the Pool. Mark your calendars for this big movie night featuring *Trolls*. No tickets needed - just come for a fun-filled flick and you can even watch it from the comfort of the water on a summer night. The movie begins at dusk.



DATE: Friday, July 12

TIME: 7:30 – 10:30 p.m.

AGES: All Ages FEE: Free

### WATER SAFETY DAY WITH LENNY THE LANDSHARK

Come join us for a fun and interactive introduction to water safety for children with Lenny the LandShark. Topics include basic water safety, sun safety, importance of a life jacket, overview of a pool, canal safety, and how to call for help. Lenny the Landshark coloring books will be provided.



DATE: Wednesday, July 17

TIME: 2 – 3 p.m.

AGES: 3 - 11 Years of Age

FEE: Free

## ADAPTIVE SWIM

### ADAPTIVE SPLASH PLAY

Individuals with a disability or special need are welcome to join an early Open Swim, providing the opportunity to practice swimming skills and have fun with friends and family.

DATES: June 15 – July 6 • July 13 – August 3

DAYS: Saturdays

TIME: 4 – 4:45 p.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need

FEE: Free

# Coachella

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: June 10 – 20      SESSION 4: July 22 – Aug 1  
SESSION 2: June 24 – July 4      SESSION 5: August 5 – 15  
SESSION 3: July 8 – 18

## INFANT SWIM LESSONS

Our infant swim lessons are designed to actively engage children alongside a parent or guardian. Participants will learn water safety and water exploration; along with basic water play such as games and songs to do together during water play time.

### Parent & Me Classes:

AGES: 6 Months – 3 Years of Age  
TIME: 6 – 6:45 p.m.

## PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age  
TIMES: 4 – 4:45 p.m. OR 5 – 5:45 p.m. OR 6 – 6:45 p.m.

## GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

**Penguins 1** AGES: 6 ½ – 12 Years of Age  
TIMES: 4 – 4:45 p.m. • 5 – 5:45 p.m.

**Penguins 2** AGES: 8 – 12 Years of Age  
TIMES: 5 – 5:45 a.m. • 6 – 6:45 p.m.



**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke, and butterfly kick, elementary backstroke as well as additional water safety.

AGES: 6 ½ – 12 Years of Age  
TIMES: 4 – 4:45 p.m. • 6 – 6:45 p.m.



## Operation SPLASH is back!

### OPERATION SPLASH KICK-OFF!

➔ Saturday, June 8 • 9 a.m. – 12 p.m. at Bagdouma Community Pool ←

Scholarships are available for Free Youth Swim Lessons sponsored by Kaiser Permanente. To apply, visit [MyRecreationDistrict.com/swim-water-programs](http://MyRecreationDistrict.com/swim-water-programs) and look for the OPERATION SPLASH APPLICATION.



# Indian Wells

For more information, visit the City of Indian Wells website at [www.cityofindianwells.org](http://www.cityofindianwells.org) or call City Hall at (760) 346-2489.

INDIAN WELLS  
GOLF RESORT

FOR THOSE WITH  
A DRIVE FOR *Perfection*

To book tee times, please call 760.346.4653 or visit [IndianWellsGolfResort.com](http://IndianWellsGolfResort.com).

Connect with us



Enjoy peaceful  
outdoor tranquility  
visiting the new  
Fairway Park  
located in the  
City of Indian Wells



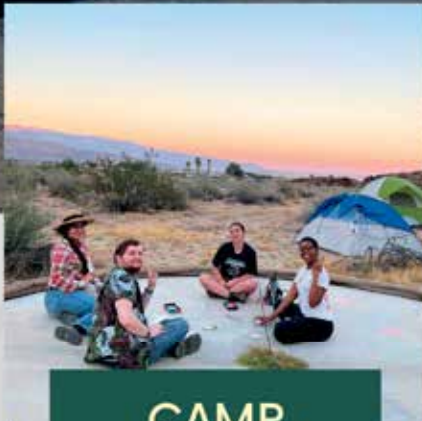




# OUTDOOR *adventures*

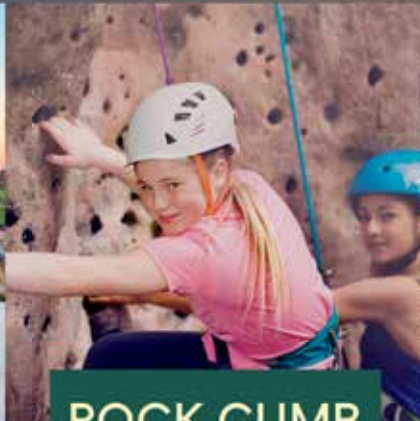
EXPLORE WITH US

[MyRecreationDistrict.com/outdoor](https://MyRecreationDistrict.com/outdoor)



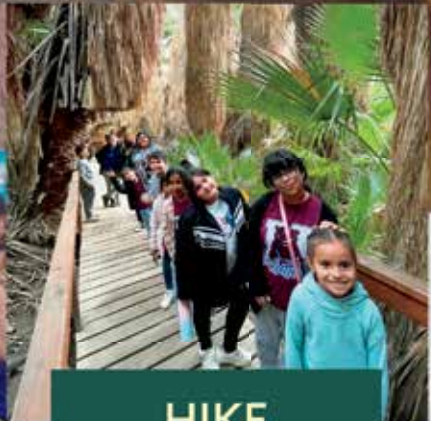
## CAMP

- **Leo Carrillo State Beach**  
May 17 - 19, 2024
- **Silverwood Lake State Recreation Area**  
June 28 - 30, 2024
- **Malibu Creek State Park**  
August 16 - 18, 2024



## ROCK CLIMB

- **Joshua Tree**
- May 4, 2024
- 10 - 17 Years of Age
- Certified Guides, Gear/Equipment & Transportation



## HIKE

- **La Quinta Cove**
- May 11, 2024
- All Ages Welcome
- 7 p.m. Evening Hike

**REGISTER NOW**

For more information on these Outdoor Adventures please  
Email: [OutdoorFun@drd.us.com](mailto:OutdoorFun@drd.us.com) or Call: 760-347-3484



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Indio Community Center



45-871 Clinton Street, Indio, CA 92201  
(760) 347-4263

HOURS: Monday – Friday: 6 a.m. – 9 p.m.  
Saturday: 10 a.m. – 2 p.m.  
Sunday: Closed

## Indio Teen Center



81-678 Avenue 46, Indio, CA 92201  
(760) 347-4263

HOURS: See Activities for Times/Days

## Pawley Pool Family Aquatic Complex



46-350 Jackson Street, Indio, CA 92201  
(760) 342-5665

HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### SENIOR ART EXPRESSION CLASS

*Unleash your creative expression and stretch your artistic muscles in a fun, social setting. This class will explore various art forms and experiment with a variety of materials from painting, printing, paper art projects and watercolor painting.*

LOCATION: Indio Teen Center

DATE & TIMES: Friday, May 17 • 11 a.m. – 12:30 p.m.  
Saturday, August 10 • 10– 11:30 a.m.

AGES: 50 Years of Age and Over

FEE: \$10



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE BASKETBALL

*Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling. Participants will receive instruction from our adaptive coaches while working through drills.*

ENROLLMENT: May – August

DAYS: Wednesdays TIME: 3 – 4 p.m. **OR** 4 – 5 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month

### ADAPTIVE BOCCIA

*Join us for Boccia, the Paralympic sport for all abilities. We are looking to expand this skill and accuracy driven game within the valley, and the skill sets of each participant.*

ENROLLMENT: May – August

DAYS: Wednesdays

TIME: 2 – 2:45 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month



### ADAPTIVE FITNESS CLASS

*Join us for a demanding workout that has options for all ability levels. Class will focus on strength & conditioning with the use of minimal equipment.*

DATES & TIMES: May • 5 – 5:45 p.m.

June, July, August • 2 – 2:45 p.m.

DAY: Tuesdays

AGES: 8 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month

## ADAPTIVE GYMNASTICS

Classes focus on proprioceptive, vestibular, and deep pressure inputs to engage participants in each skill.

ENROLLMENT: Ongoing

DAYS: Saturdays TIME: 9 – 9:50 a.m.

AGES: 5 – 12 Years of Age with a Disability or a Special Need

FEE: \$25 per Month

## ADAPTIVE PICKLEBALL

Learn to play pickleball or improve your skills.

Participants can join the program as a standing or sitting player. Sport chairs are available for use during the program. All ability levels welcome.



ENROLLMENT: May – August

DAYS: Tuesdays TIME: 3 – 4 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month

## ADAPTIVE ROTATING SPORTS

Soccer, badminton, wiffleball, wallyball? We're looking to keep our participants on their toes for what to expect in this session. Programs will focus on skill development and fun!

LOCATION: Gymnasium

ENROLLMENT: May – August

DAYS: Tuesdays TIME: 4 – 5 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month

## ART & MUSIC

### ART PROGRAM

Our Summer Art Program is a great way to introduce youth to the importance of Art. This program provides participants a safe place to let their creative minds explore.

LOCATION: Indio Teen Center

ENROLLMENT: May 4 • June 8 • July 13

DAYS: Saturday TIMES: 10:30 a.m. – 12 p.m.

AGES: 6 – 13 Years of Age FEE: \$12 per Day

## MESSY ART

This program provides social interaction between parents and toddlers.

Through messy art children are encouraged to get their hands messy and dirty using squishy and gooey materials. Fun for both parents and toddlers!



LOCATION: Indio Teen Center

ENROLLMENT & FEES:

June 14 • \$10 per Participant

May 10 – 24 & July 12 – 26 • \$20 per Participant

DAYS: Fridays TIMES: 9 – 10:30 a.m.

AGES: 1 year 5 mo. – 2 Years of Age with Parent or Guardian

## PARENT AND ME MUSIC TIME

Enjoy this music time, having fun and bonding with your child.

This class is for children and their parent(s) to come and learn a song or a dance. Every session there will be a new song or dance taught.

ENROLLMENT: Ongoing

DAYS & TIMES:

Tuesdays • 10:15 – 10:45 a.m.

Saturdays • 11:30 a.m. – 12 p.m.

AGES: Children 2 & 3 Years of Age with a Parent or Guardian

FEES: \$40 per Month



## PIANO – ADULT

This class will teach adults how to play piano from the start by using a keyboard. They will learn notes, rhythms, scales, and hand positions.

ENROLLMENT: Ongoing DAYS: Tuesdays

TIMES: 10:45 – 11:45 a.m.

AGES: 18 Years of Age and Over

FEE: \$65 per Month



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

## ART & MUSIC

### PIANO – YOUTH BEGINNING

Students will learn piano by being in a class setting while using a keyboard. They will be learning notes and rhythm while playing, in addition to learning the beginning of scales and hand positions all on the keyboard.

ENROLLMENT: Ongoing

DAYS: Saturdays TIMES: 10 – 11 a.m.

AGES: 7 – 16 Years of Age FEE: \$85 per Month

### PIANO – YOUTH INTERMEDIATE

Students will continue their piano journey by learning more techniques and scales. They will be playing song pieces from song books and sheet music that will be easy but challenging for the student.

ENROLLMENT: Ongoing

DAYS: Wednesdays TIMES: 6 – 7 p.m.

AGES: 7 – 16 Years of Age FEE: \$85 per Month

## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – VILLA HERMOSA

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Villa Hermosa Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.



LOCATION: Villa Hermosa Apartments

ENROLLMENT: Ongoing During School Year

(holidays may be excluded) Follows the DSUSD calendar.

Once school year ends, program will start up again in August.

TIME: 2:30 – 6 p.m. DAYS: Tuesday through Friday

AGES: 5 – 17 Years of Age FEE: Free



## EDISON ROBOTICS

Edison Robotics is for students who have some robot and coding experience. Students can program sensors, lights and sounds with their Edison robot. **Please Note: Students will need to have their own laptop to do additional programming on the Edison robot.**

DATES: July 15 – 19 TIME: 1 – 3 p.m.

AGES: 9 – 15 Years of Age

FEE: \$239

MATERIAL FEE: Edison Robot and Expansion Kit \$85

## ROBOTICS FUN WITH ROBO X1

Fun Robotics with ROBO X1: Learn to build, code and customize the ROBO X1 robot. Each participant is able to build and program their own ROBO X1 robot, and discover a world of engineering, coding and creativity!

DATES: July 15 – 19 TIME: 10 a.m. – 12 p.m.

AGES: 8 – 15 Years of Age

FEE: \$239 MATERIAL FEE: Robo X1 Kit \$65

## SUMMER CAMP

Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games. Campers will enjoy laugh-out-loud skits performed by our Team and the Campers themselves. All activities are carried out under the watchful eye of our camp Staff.

AGES: 5 – 14 Years of Age

(child must have completed Kindergarten)

DAYS: Mondays – Fridays

FULL DAYS:

Time: 7:30 a.m. – 6 p.m.

Fees: \$360 per Three-week Session

\$140 per Weekly Session

\$30 Daily Drop-in Available on Non-Field Trip Days

HALF DAYS: Time: 12 – 6 p.m.

Fees: \$80 per Weekly Session

Three Week Session Dates:

SESSION 1: June 10 – 28

SESSION 2: July 1 – 19 (holidays excluded)

SESSION 3: July 22 – August 9

WEEKLY SESSIONS BEGIN:

(June 10, 17, 24, July 1, 8, 15, 22, 29, and August 5)

## COMMUNITY EVENTS

**Please Note:** Registering for events ahead of time is the best way to ensure there is room for you to join in the fun! Register at [MyRecreationDistrict.com/community-events](http://MyRecreationDistrict.com/community-events) or in person at any DRD facility.

### LOTERIA NIGHT

*Come join us for an exciting game of Loteria. All are welcome to participate in this fast-paced night of Loteria.*

LOCATION: Indio Teen Center

DATES & TIMES: Thursday, June 6 • 6 – 7:30 p.m.  
Friday, July 5 • 6:30 – 8 p.m.

AGES: All Ages FEE: Free

### SUMMER YOUTH SOCIAL

*Come in and enjoy our Youth Social. Fun activities will include art, crafts, science, dancing, fitness, group games and much more.*



LOCATION: Indio Teen Center

DATES & TIMES: Saturday, June 15 • 1 – 3 p.m.  
Friday, July 12 • 6:30 – 8:30 p.m.  
Saturday, July 27 • 10 a.m. – 12 p.m.

AGES: 6 – 12 Years of Age FEE: \$12 per Participant

### WATER FUN DAY

*Join us for an enjoyable day of water balloons, relay races and fun activities to celebrate the end of the school year! Wear some clothes to get wet in and have a blast!*

LOCATION: Miles Park

DATE: Saturday, June 8 TIME: 10 a.m. – 1 p.m.

AGES: All Ages FEE: Free



## DANCE

### BEGINNING BALLET

*Children let their inner ballerinas emerge while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.*

ENROLLMENT: Ongoing

DAYS & TIMES: Mondays, 5:30 – 6:15 p.m. **OR**  
Wednesdays, 4 – 4:45 p.m. **OR** Saturdays, 10 – 10:45 a.m.  
AGES: 5 – 10 Years of Age FEE: \$42 per Month

### BEGINNING SALSA

*This class is designed for the first-time dance student who has never danced before, but always wanted to. Students will be taught the fundamentals, leads and follow along with a better understanding of music and rhythms of Salsa.*

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 6:30 – 7:30 p.m.  
AGES: 18 Years of Age and Over FEE: \$60 per Month

### DANCE, PLAY & PRETEND

*Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.*

ENROLLMENT: Ongoing

DAYS: Tuesdays **OR** Saturdays TIME: 9 – 9:45 a.m.  
AGES: 2 ½ – 5 Years of Age FEE: \$42 per Month



### INTERMEDIATE SALSA

*This class is for dancers who are comfortable with the basics and want to build upon what they already learned. Participants will learn more intricate patterns with a good flow which in turn makes this class super fun.*

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 7:30 – 8:30 p.m.  
AGES: 18 Years of Age and Over  
FEE: \$60 per Month

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## GYMNASTICS

**Location of classes:** All gymnastics classes are held at The District Gymnastics Academy located within the Indio Community Center and enrollment is ongoing unless otherwise noted.

### **A NOTE REGARDING GYMNASTICS REGISTRATION:**

Priority registration is available at one of the courtesy counters for currently enrolled participants re-enrolling in their same class for the following month, or first-time participants enrolling in the current month.

Open enrollment at the courtesy counter is available the first day of the month for those on the waitlist and new participants as spots become available.

**Fees for one day per week classes are adjusted for three, four, or five week sessions.**

## **BUDDY 'N ME GYMNASTICS**

You and your little buddy will love this class! Toddlers get the chance to have fun learning coordination skills like balancing, climbing, tumbling, swinging, and bouncing. Tumbling together is exhilarating.

AGES: 1 – 4 Years of Age

with a Parent or Guardian

### **DAYS & TIMES:**

Wednesdays: 1:45 – 2:15 p.m. **OR** 2:15 – 2:45 p.m.

Saturdays: 10:15 – 10:45 a.m.

FEE: \$45 per 4-week session



## **BOYS' BEGINNING GYMNASTICS**

This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings. Class focus will be on gymnastics skills and techniques while increasing strength and flexibility, coordination, and self-esteem.

DAY & TIME: Mondays • 5 – 6:30 p.m.

FEE: \$80 per 4 week session

**Find Strength!**

## **BOYS' INTERMEDIATE GYMNASTICS**

This class is by Invitation-only and designed for second level skills. This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings.

DAY & TIMES: Mondays • 6:30 – 8 p.m.

FEE: \$80 per 4 week session

## **DESERT TUMBLEWEEDS GYMNASTICS**

This is the perfect class for little gymnasts. Preschoolers learn balance and coordination skills. The class emphasizes concentration, sharing and social skills while building physical strength. Your little tumbleweed will have lots of fun!

AGES: 4 – 6 Years of Age

### **DAYS & TIMES:**

**Mondays:** 2:30 – 3:15 p.m. **OR** 3:30 – 4:15 p.m. **OR** 4:15 – 5:00 p.m. **OR** 5:30 – 6:15 **OR** 6:30 – 7:15 p.m.

**Tuesdays:** 3 – 3:45 p.m. **OR** 3:45 – 4:30 p.m. **OR** 5:15 – 6:00 p.m. 6 – 6:45 p.m. **OR** 6:45 – 7:30 p.m.

**Thursdays:** 2:30 – 3:15 p.m. **OR** 4:30 – 5:15 p.m. **OR** 4:45 – 5:30 p.m. **OR** 5:30 – 6:15 **OR** 6:45 – 7:30 p.m.

**Saturdays:** 10 – 10:45 a.m.

AGES: 3 – 6 Years of Age

### **DAYS & TIMES:**

**Tuesdays:** 1:30 – 2:15 p.m. **OR** 2:15 – 3 p.m.

**Wednesdays:** 3 – 3:45 p.m. **OR** 3:45 – 4:30 p.m. **OR** 4 – 4:45 p.m. **OR** 5:15 – 6:00 p.m.

FEE: \$60 per 4-week session



## **GIRLS' BEGINNING GYMNASTICS**

Girls interested in gymnastics will love this class as it gets to the heart of the four Olympic events for women of vault, bars, beam and floor. While learning basic skills and techniques, this class also includes flexibility and strength training.

## GIRLS' BEGINNING GYMNASTICS CONT.

### DAYS & TIMES:

**Mondays:** 4 – 5:30 p.m. **OR** 4:30 – 6 p.m. **OR** 4:45 – 6:15 p.m.  
**OR** 6:15 – 7:45 p.m.

**Tuesdays:** 3 – 4:30 p.m. **OR** 3:45 – 5:15 p.m. **OR** 4:30 – 6 p.m.  
**OR** 6:30 – 8 p.m.

**Wednesdays:** 3 – 4:30 p.m. **OR** 4:30 – 6 p.m.  
**OR** 6 – 7:30 p.m. **OR** 6:30 – 8 p.m.

**Thursdays:** 3 – 4:30 p.m. **OR** 3:15 – 4:45 p.m. **OR**  
3:45 – 5:15 p.m. **OR** 4 – 5:30 p.m. **OR** 4:30 – 6 p.m.  
**OR** 5:30 – 7 p.m. **OR** 6 – 7:30 p.m.

**Saturdays:** 11 a.m. – 12:30 p.m.

**FEE:** \$80 per 4 week session

## GIRLS' INTERMEDIATE GYMNASTICS

*This class is by Invitation-only and designed for second level skills. Instruction follows USA Gymnastics progressions on the four Olympic events of vault, bars, beam, and floor with continual emphasis on strength and flexibility.*

### DAYS & TIMES:

**Tuesdays:** 4:45 – 6:15 p.m. **OR** 6 – 7:30 p.m.

**Wednesdays:** 4:30 – 6 p.m.

**Thursdays:** 5:15 – 6:45 p.m. **OR** 6:30 – 8 p.m.

**Saturdays:** 11 a.m. – 12:30 p.m.

**FEE:** \$80 per 4-week session

## GIRLS' ADVANCED GYMNASTICS

*Another acknowledgment of advanced skills, this by Invitation-only class follows the progressions of USA Gymnastics on the four Olympic events of vault, bars, beam, and floor. Train with the best in the valley as skills continue to improve.*

### DAYS & TIMES:

**Mondays** 3:15 – 4:45 p.m. **OR** **Wednesdays** 4:30 – 6 p.m.

**FEE:** \$80 per 4-week session



## GYMNASTICS TRAMPOLINE

*Learn trampoline basics and skills progression. This class introduces the basics for trampoline and tumbling development. Following USAG's Development Program designed to build basics in a safe and progressive setting.*

**DAYS:** Wednesdays **TIME:** 4:30 – 5 p.m.

**FEE:** \$45 Per 4-week session

## GYMNASTICS TUMBLING

*Learn tumbling skills on the floor and tumble track. This class focuses on specific drills for learning correct form and is recommended for those who want to acquire cheerleading tumbling skills.*

**DAYS:** Mondays **TIME:** 7 – 8 p.m.

**FEE:** \$70 Per 4-week session

## TEAM DEVELOPMENT GYMNASTICS

**By Invitation-only.** *The District Gymnastics Development program is a preparatory and accelerated gymnastics training option for young gymnasts to make an easy transition to our competitive gymnastics team.*

**DAYS:** Tuesdays & Thursdays **TIME:** 6 – 8 p.m.

**FEE:** \$150 per Month

## TEAM COMPULSORY GYMNASTICS

**By Invitation-only.** *Levels 2, 3, 4 and 5 skills must be completed as defined by USA Gymnastics. This class provides an opportunity for gymnasts with advanced skills required for competition to shine in the sport of gymnastics and follows USA Gymnastics progressions for Level 2, 3,*



*Level 4, and Level 5. Invitations are extended to individuals who demonstrate a strong dedication to the requirements of competitive training. The team competes in three to five meets throughout the year.*

**(Additional fee required for meets and competitive attire).**

**DAYS:** Level 2 & 3 Mondays, Wednesdays, Fridays **OR**

Level 4 & 5 Tuesdays, Thursdays, Fridays

**TIME:** 4 – 7 p.m. **FEE:** \$185 per Month

## SENIOR TEAM – OPTIONAL GYMNASTICS

**By Invitation-only.** *Levels 6 to 10 skills must be completed as defined by USA Gymnastics.*

**DAYS:** Mondays, Tuesdays, Thursdays, Fridays

**TIME:** 4 – 7 p.m.

**FEE:** \$235 per Month

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

## GYMNASTICS

### GYMNASTICS JAMBOREE

*Gymnastics Jamboree provides an open gym experience for participants to practice or learn new skills in a social supervised setting.*

DAYS & TIMES: Friday: 6:30 – 8 p.m. • Saturday: 12:30 – 2 p.m.

FEE: \$10 per person

### GYMNASTICS EVENTS

*National Fitness Day - Celebrate the fun of fitness and physical activity with games, contests and prizes!*

DATE & TIME: Saturday, May 4 • 2 – 4 p.m.

FEE: \$10 per person

### WATER BALLOON JAMBOREE

*Celebrate National Water Balloon Day! Pop, throw, splash or just squish! Just in time for the hottest day of summer.*

*Longest toss and catch contest. Waterslide races.*

*Cartwheel race, forward roll race, Cool fun!*

DATE & TIME: Friday, August 2 • 6:30 – 8 p.m.

FEE: \$15 per person

### GYMNASTICS SUMMER CLINICS

**Back Bend, Kick Over and Back Walkover Clinic:**

DATE & TIME: Saturday, June 1 • 2 – 3 p.m.

AGES: 5 Year of Age and Older FEE: \$10 per person

**Back Handspring Clinic:**

DATE & TIME: Friday, June 14 • 10 – 11 a.m.

AGES: 5 Year of Age and Older FEE: \$10 per person

**Tumbling Clinic:**

DATE & TIME: Friday, June 14 • 11:30 a.m. – 12:30 p.m.

AGES: 5 Year of Age and Older FEE: \$10 per Person

### GYMNASTICS PRIVATE INSTRUCTION

Private lessons accelerate and enhance learning while overcoming obstacles. They are perfect for students who would like extra time and individual attention to work on specific skills. Please inquire with any of our coaches.

FEE: \$35 per 30 minutes



**WHAT A GREAT WAY TO CELEBRATE YOUR NEXT BIRTHDAY – AT THE DISTRICT GYMNASTICS ACADEMY IN THE INDIO COMMUNITY CENTER!**

You and your friends will have a great time doing an hour and a half of fun-filled gymnastics and games as our coaching staff is trained to provide a safe and structured party that is sure to be a hit.

**1.5 HOUR GYMNASTICS ONLY PARTY**  
1 – 10 people, \$175 -OR- 11 – 20 people, \$275

**2.5 HOUR PARTY**  
(1 ½ hours gymnastics & 1 hour use of multi-purpose room)  
1 – 10 people, \$225 -OR- 11 – 20 people, \$325

**CALL AND BOOK YOUR PARTY TODAY!**

## HEALTH & FITNESS

### SALSAEROBICS

*People love salsa dancing - the music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.*

ENROLLMENT: May, June, July

DAYS: Mondays, Wednesdays, Fridays

TIME: 8 – 10 a.m.

AGES: 18 Years of Age and Over

FEE: \$45 per Month DROP-IN FEE: \$7 Per Class

Follow us at  
[facebook.com/drdgym](https://www.facebook.com/drdgym)



## MARTIAL ARTS

### **KARATE COMBO – 2 DAYS**

*These classes focus on a combination of traditional martial arts philosophies with modern day self-defense strategies while gaining self-esteem and discipline.*

ENROLLMENT: Ongoing

DAYS & TIMES:

Tuesdays & Thursdays, 7 – 8 p.m. **OR**

Mondays & Wednesdays, 6:45 – 7:45 p.m.

AGES: 7 Years of Age and Over FEE: \$40 Per Month



### **LITTLE DRAGONS KARATE PROGRAM**

*Our Little Dragons program teaches children balance, coordination, listening skills and respect. It is also a fun way for children to learn the art of self-defense using all parts of the body.*

ENROLLMENT: Ongoing DAYS: Tuesdays & Thursdays

TIMES: 6 – 6:30 p.m. **OR** 6:30 – 7 p.m.

AGES: 4 – 7 Years of Age FEE: \$50 per Month

## SPECIAL INTEREST

### **PRE-K STEAM DAYS**

*This program provides participants a safe place to let their creative minds explore. Youth will have the opportunity to have fun, get creative and learn how to create various STEAM projects. This class is geared towards Pre-K children.*

LOCATION: Indio Teen Center

DATES: June 1 **OR** July 20

DAYS: Saturday TIME: 10 – 11:30 a.m.

AGES: 3 & 4 Years of Age

FEE: \$12

## **SUMMER STEAM DAYS**

*Youth will have the opportunity to have fun, get creative and learn how to create various Summer-themed STEAM projects. Each class will be led by an instructor, and they will receive step-by-step instructions on how to create the various activities. All supplies will be provided.*



LOCATION: Indio Teen Center

DATES: June 1 **OR** July 20

DAYS: Saturday TIME: 12 – 1:30 p.m.

AGES: 6 – 12 Years of Age FEE: \$12

## SPORTS

### **ARCHERY**

#### **ARCHERY – YOUTH**

*Our archery program teaches the fundamentals of archery including proper shooting form. This program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to promote participant success.*

ENROLLMENT: Ongoing

DAYS: Tuesdays **OR** Thursdays

TIMES: **May Only:** 4:30 – 5:30 p.m.

**June, July & August:** 5:30 – 6:30 p.m.

AGES: 7 – 17 Years of Age FEE: \$40 Per Month

### **BASKETBALL**

#### **BASKETBALL TRAINING ZONE**

*These beginning level, year-round classes offer drills and quality instruction that will help participants develop basketball skills - this class is perfect for a basketball player to begin their athletic adventure!*



#### **BASKETBALL TRAINING ZONE – GIRLS, 5 & 6 YEARS OF AGE**

DATES & FEES: May 6 – 20, \$15

DAYS: Mondays TIME: 4:30 – 5 p.m.

#### **BASKETBALL TRAINING ZONE – GIRLS, 7 – 10 YEARS OF AGE**

DATES & FEES: May 2 – 30, \$50

DAYS: Thursdays TIME: 4 – 5 p.m.

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

## SPORTS

### **BASKETBALL TRAINING ZONE – COED, 5 & 6 YEARS OF AGE**

**DATES & FEES:** May 6 – 20, \$15

**DAYS:** Mondays **TIME:** 4 – 4:30 p.m.

### **BASKETBALL TRAINING ZONE – COED, 7 – 10 YEARS OF AGE**

**DATES & FEES:** May 3 – 31, \$40

**DAYS:** Fridays **TIME:** 4 – 5 p.m. **OR** 5 – 6 p.m.

### **BASKETBALL TRAINING ZONE – COED, 11 – 14 YEARS OF AGE**

**DATES & FEES:** May 7 – 28, \$40

**DAYS:** Tuesdays **TIME:** 4 – 5 p.m.

### **COED – SUMMER BASKETBALL CLINIC**

*Our summer basketball clinic offers quality and motivational instruction in a fun, competitive environment, using our state-of-the-art basketball gymnasium. Proper stretching, offensive and defensive drills, and correct shooting practices are covered.*



**DATES:** June 10 – 26

July 1 – 31 • August 5 – 14

**DAYS:** Mondays & Wednesdays

**AGES, TIME & FEES:**

5 – 6 Years of Age • 10:30 – 11 a.m. • \$40 per Month

7 – 10 Years of Age • 11:15 a.m. – 12:15 p.m. • \$60 per Month

11 – 14 Years of Age • 12:30 – 1:30 p.m. • \$60 per Month

### **SUMMER YOUTH BASKETBALL LEAGUE**

*Summer Youth Basketball offers a great way for kids to learn new skills, play on a team and stay fit! We offer four age divisions. Our youngest teams focus on development, not wins and losses. Division Champs will be crowned from Division C and D at the end of the season.*

**DATES:** June 18 – July 25

**DAYS:** Tuesdays & Thursdays for Divisions A, B, and C  
Saturdays for Division D

### **SUMMER YOUTH BASKETBALL LEAGUE CONT.**

**DIVISIONS, AGES & TIMES:**

**Division A (7 – 8 Years of Age):** 5:20 – 6 p.m.

**Division B (9 – 10 Years of Age):** 6:30 – 7:20 p.m.

**Division C (11 – 12 Years of Age):** 7:45 – 8:45 p.m.

**Division D (13 – 14 Years of Age):** 11:30 a.m. – 12:30 p.m.

**FEE:** \$125 per Person

*(Late Registration is \$150 per child after May 11, 2024)*

**DRAFT DAYS FOR SUMMER YOUTH BASKETBALL LEAGUE**  
*(Attendance is mandatory to play in league)*

**Division A (7 – 8 Years of Age):** Saturday, May 11, 10 a.m. – 12 p.m.

**Division B (9 – 10 Years of Age):** Saturday, May 11, 12 – 2 p.m.

**Division C (11 – 12 Years of Age):** Friday, May 10, 5 – 7 p.m.

**Division D (13 – 14 Years of Age):** Friday, May 10, 7 – 9 p.m.

### **SUMMER YOUTH BASKETBALL LEAGUE – LITTLE DRIBBLERS**

*Have fun playing basketball while developing both player and character skills! We are now offering our 5 - 6-year-old Little Dribblers Division and games will be played at the Indio Community Center on Saturdays. Practices will be on Mondays and/or Wednesdays. Jerseys and game officials provided.*

**DATES:** June 15 – July 20

**DAYS:** Saturdays **TIME:** 10:15 – 11:15 a.m.

**AGES:** 5 & 6 Years Old **FEE:** \$80

## **FOOTBALL**

### **SUMMER YOUTH FOOTBALL CLINIC**

*If you are you a football enthusiast who wants to sharpen your footwork, speed, and skills, come join our Summer Indio Youth Football Skills Clinic. This program will teach you football drills, footwork drills, and speed agility skills to get your game to the next level.*



**LOCATION:** Miles Park

**DATES:** May 6 – 20 **DAYS:** Mondays

**AGES & TIMES:** 7 – 10 Years of Age • 4:30 – 5:30 p.m.

**FEE:** \$30 per Player

## MULTI-SPORT CLASSES

### LITTLE CHAMPS

Your "Little Champ" can learn about different sports in a class that offers fun game drills and quality instruction that will help develop your child's hand-eye coordination, running, and sports skills. Sports include basketball, soccer, relay games, golf, and more.



**ENROLLMENT:** May

**DAYS:** Mondays **OR** Wednesdays

**TIME:** 1:30 – 2 p.m. **AGES:** 3 – 5 Years of Age

**FEE:** \$20 per Month for either Mondays or Wednesdays

### YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays & Wednesdays **TIME:** 4:15 – 5 p.m.

**AGES:** 7 – 14 Years of Age **FEE:** \$50 per Month

## SOCCER

### TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.

**AGES:** 4 – 6 Years of Age

**Tiny Soccer Stars – MAY Only**

**LOCATION:** Indio Teen Center

**ENROLLMENT:** May **TIME:** 8:15 – 9 a.m.

**DAYS:** Saturdays **FEE:** \$30 per Month

**Tiny Soccer Stars at Miles Avenue Park**

**LOCATION:** Miles Avenue Park

**ENROLLMENT:** June, July, & August

**DAYS:** Tuesdays & Thursdays **TIME:** 6 – 6:45 p.m.

**FEE:** \$50 per Month

### YOUTH SOCCER CLINIC – 6 - 10 YEARS OF AGE

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

**LOCATION:** Indio Teen Center

**DATES:** May 4 – 25 **DAYS:** Saturdays

**TIME:** 9 – 10 a.m. **FEE:** \$40 per Month

**LOCATION:** Miles Avenue Park

**DATES:** June 4 – 27 • July 2 – 30 • August 1 – 29

**DAYS:** Tuesdays & Thursdays

**TIME:** 7 – 8 p.m. **FEE:** \$60 per Month

### YOUTH SOCCER GOALIE CLINIC

This Clinic will focus on goalie-specific drills and techniques to improve your skills. We will work on footwork, hand eye coordination, and goalie terminology to help you be ready for your next soccer season.

**LOCATION:** Indio Teen Center

**DATES:** June 1 – 29

**DAYS:** Saturdays **TIME:** 9 – 10 a.m.

**AGES:** 6 – 10 Years of Age **FEE:** \$50

### YOUTH SOCCER SKILLS & SCRIMMAGE (11 – 14 YEARS OF AGE)

This class is for youth who are looking to show off their skills in this brand new Skills and Scrimmage Class. We will work the players out, put them on even teams, and let them play games each night on our newly renovated Miles Park Field.

**LOCATION:** Miles Avenue Park

**DATES:** June 4 – 27 • July 2 – 30 • August 1 – 29

**DAYS:** Tuesdays & Thursdays **TIME:** 8 – 9 p.m.

**AGES:** 11 – 14 Years of Age

**FEE:** \$60 per Session



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## VOLLEYBALL

### BEGINNER/INTERMEDIATE VOLLEYBALL – COED

*Beginning instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball. Intermediate players will enhance your key beginning volleyball skills such as the volley, set, serve, pass, block, and attack.*

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 3:30 – 4 p.m.

AGES: 6 – 10 Years of Age FEE: \$20 per Month

### INTERMEDIATE/ADVANCED VOLLEYBALL – COED

*Learn how to prepare your skills for tournament and high school play, which is geared towards structured training, significant skills improvement, and game knowledge. Each program is staffed by a skilled volleyball instructor with a proven coaching background.*

ENROLLMENT: Ongoing DAYS: Fridays

TIMES, AGES & FEES:

4 – 4:30 p.m. • 10 – 14 Years of Age • \$20 per Month

4:30 – 5:30 p.m. • 13 – 18 Years of Age • \$40 per Month

### VOLLEYBALL – TEAM ADVANCED

*Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge.*

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 8 – 9 p.m.

AGES: 10 – 18 Years of Age FEE: \$40 per Month

### Volleyball – Team Level 5

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 5:45 – 6:45 p.m.

AGES: 10 – 18 Years of Age FEE: \$40 per Month

### Volleyball – Team Level 7

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 7 – 8 p.m.

AGES: 10 – 18 Years of Age FEE: \$40 per Month



## SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT PAWLEY POOL FAMILY AQUATIC COMPLEX

### ENTRY FEES:

CHILDREN: \$3 (Under 3 Years of Age are free)

ADULTS: \$4

### POOL DATES & HOURS:

First day – June 10 • Last day – September 2

(Hours will be reduced to weekends only beginning August 17)

### MONDAYS – THURSDAYS:

9 a.m. – 12 p.m. (Youth Lessons)

12 – 3:30 p.m. (Open Swim)

4 – 7 p.m. (Youth Lessons)

7 – 9 p.m. (Open Swim)

### FRIDAYS:

9 – 10 a.m. (Adult Lessons)

10 a.m. – 12 p.m. (Water Polo)

12 – 4 p.m. and 6 – 9 p.m. (Open Swim)

### SATURDAYS:

9 – 10 a.m. (Adult Lessons)

10 a.m. – 12 p.m. (Adaptive Swim Lessons)

12 – 4 p.m. (Open Swim)

1 – 2:30 p.m. (Jr. Lifeguard)

6 – 9 p.m. (Open Swim)

SUNDAYS: Closed

## SPECIAL POOL EVENT

Join us on Friday, June 14 for

**“Free Swim Friday”** from 5 – 9 p.m.

### DIVE-IN MOVIES

Join us from 7:30 – 10:30 p.m. on Friday

July 5 for a showing of the movie

**TROLLS** at Pawley Pool (movies begin

at dusk) – check our website at

**MyRecreationDistrict.com/movies** for

details on these and all of the great

movies we offer!



## WATER SAFETY DAY WITH LENNY THE LANDSHARK

Come join us for a fun and interactive introduction to water safety for children with Lenny the LandShark. Topics include basic water safety, sun safety, importance of a life jacket, overview of a pool, canal safety, and how to call for help. Lenny the Landshark coloring books will be provided.

DATE: Tuesday, August 13    TIME: 1 – 2 p.m.  
AGES: 3 – 11 Years of Age    FEE: Free

## JR. LIFEGUARD PROGRAM

This class is brought to you by the American Red Cross. Participants will learn the basic skills of lifeguarding. This invaluable course teaches water safety plus the leadership tools you need as a junior lifeguard. The course curriculum focuses on five core categories for effective lifeguarding: prevention, fitness, response, leadership, and professionalism.

DATES: June 15 – July 27 • August 3 – September 14  
DAYS: Saturdays    TIME: 1 – 2:30 p.m.  
AGES: 11 – 14 Years of Age    FEE: \$85

## JUNIOR WATER POLO

Water polo is a fun and energetic sport that focuses on team cohesion and game strategy. During this class, participants will learn proper ways to shoot and pass the ball, as well as defensive and offensive techniques. Participants must also be able to tread water and swim two lengths of the pool nonstop.

DATES: June 14 – July 26 • August 2 – September 13  
DAYS: Fridays    TIME: 10 – 11:30 a.m.  
AGES: 8 – 13 Years of Age    FEE: \$85

## LIFEGUARD TRAINING COURSE

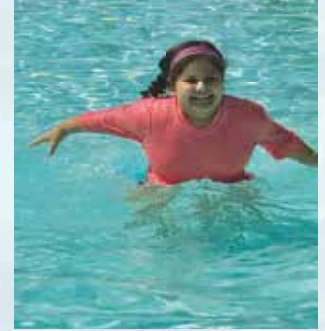
This lifeguard course consists of two days of training. To complete this course, participants must attend both days and successfully complete each component of the course. Components required as well as what to bring will be listed online prior to registering.

DATES: May 18 – 19  
DAYS: Saturday & Sunday    TIME: 8 a.m. – 2 p.m.  
AGES: 16 Years of Age and Over    FEE: Free

## ADAPTIVE SWIM

### ADAPTIVE AQUATICS – BEGINNER

Sessions include swim lessons followed by an open swim. The beginner swim lessons focus on getting participants familiar and comfortable in the water (i.e. floating, face in water, head under water, kicking) and take place in the shallow pool at Pawley.



ENROLLMENT: June 15 – August 3  
DAYS: Saturday    TIME: 9:45 – 11:45 a.m.  
AGES: 4 Years of Age and Over with a Disability or a Special Need  
FEE: \$50

### ADAPTIVE AQUATICS – MODERATE TO ADVANCED

Sessions include swim lessons followed by an open swim. The moderate to advanced swim lessons focus on stroke progression and physical endurance and take place in the big pool at Pawley.

ENROLLMENT: June 15 – August 3  
DAYS: Saturday    TIME: 9:45 – 11:45 a.m.  
AGES: 4 Years of Age and Over with a Disability or a Special Need  
FEE: \$50

## ADULT WATER CLASSES

### ADULT SWIM LESSONS

It's never too late to learn how to swim or perfect those skills. We will introduce skills to our beginning swimmers and work on strokes and endurance for intermediate swimmers. This class is designed to introduce and improve on the basic skills necessary to meet the individual's personal goals.



DAYS: Fridays & Saturdays  
TIME: 9 – 9:45 a.m.  
DATES: June 14 – July 6 • July 12 – August 3 • August 9 – 31  
AGES: 18 Years of Age & Over  
FEE: \$80 per Session

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

## SWIM & WATER ACTIVITIES

### CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: June 10 – 20      SESSION 4: July 22 – Aug 1  
SESSION 2: June 24 – July 4      SESSION 5: August 5 – 15  
SESSION 3: July 8 – 18

### INFANT SWIM LESSONS

Our infant swim lessons are designed to actively engage children alongside a parent or guardian. Participants will learn water safety and water exploration; along with basic water play such as games and songs to do together during water play time.

#### Parent & Me Classes:

AGES: 6 Months – 3 Years of Age  
TIME: 10 – 10:45 a.m. **OR** 4 – 4:45 p.m. **OR** 5 – 5:45 p.m.

### PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age  
TIMES: 9 – 9:45 a.m. **OR** 10 – 10:45 a.m. **OR** 11 – 11:45 a.m.  
**OR** 4 – 4:45 p.m. **OR** 5 – 5:45 **OR** 6 – 6:45

#### Guppies – Saturday

DATES: June 15 – August 3 • August 10 – September 28  
TIMES: 9 – 9:45 a.m. FEE: \$70 per Session

### GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

**Penguins 1** AGES: 6 ½ – 12 Years of Age  
TIMES: 9 – 9:45 a.m. **OR** 10 – 10:45 a.m. **OR** 11 – 11:45 a.m. **OR** 4 – 4:45 p.m. **OR** 5 – 5:45



#### Penguins 1 – Saturday

DATES: June 15 – August 3 • August 10 – September 28  
TIMES: 9 – 9:45 a.m. FEE: \$70 per Session

**Penguins 2** AGES: 8 – 12 Years of Age  
TIMES: 10 – 10:45 a.m. **OR** 11 – 11:45 a.m.  
**OR** 4 – 4:45 p.m. **OR** 5 – 5:45 **OR** 6 – 6:45

**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke, and butterfly kick, elementary backstroke as well as additional water safety.

AGES: 6 ½ – 12 Years of Age  
TIMES: 9 – 9:45 a.m. **OR** 11 – 11:45 a.m.  
**OR** 4 – 4:45 p.m. **OR** 6 – 6:45



#### Stingrays – Saturday

DATES: June 15 – August 3 • August 10 – September 28  
TIMES: 9 – 9:45 a.m. FEE: \$70 per Session

**BARRACUDAS:** Front crawl, back crawl, backstroke, breaststroke, and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

AGES: 7 – 13 Years of Age  
TIMES: 9 – 9:45 a.m. **OR** 10 – 10:45 a.m.  
**OR** 5 – 5:45 p.m. **OR** 6 – 6:45 p.m.



**SHARKS:** The sharks are sharp as they focus on endurance with backstroke and freestyle, master freestyle breathing and build on the butterfly and elementary backstroke. Turning at the wall is introduced. Requirements include freestyle with side breathing, backstroke, and elementary backstroke for 25 yards.

AGES: 8 – 14 Years of Age  
TIMES: 9 – 9:45 a.m. **OR** 11 – 11:45 a.m. **OR** 6 – 6:45 p.m.



## TOT PROGRAMS

### LITTLE ATHLETES

Children will engage in a variety of sports related movements during structured exercises and improve their gross motor skills. Each class will focus on a different sport exercise, drills and high and low-key games, all in a non-competitive atmosphere.

LOCATION: Indio Teen Center

ENROLLMENT: May 4 – 25

AGES: 1 ½ – 3 Years of Age

DAY: Saturdays TIME: 10:15 – 11 a.m.

FEE: \$30 per Month

### LITTLE EXPLORERS

Children will engage in a variety of classroom exercises including art, science, sports and movement and they will be guided through cool and fun experiments and crafts to show Mom and Dad.

ENROLLMENT: May 3 – 31

DAY: Fridays TIME: 9 a.m. – 12 p.m.

AGES: 3 – 5 Years of Age FEE: \$60 per Month

### PARENT & ME

This program provides social interaction between parents and toddlers. Together you will explore rhythm, movement, creativity through song, along with indoor and outdoor play. Learn simple concepts that you and your toddler can explore together.

LOCATION: Indio Teen Center

ENROLLMENT: May 3 – 24 • June 7 – 21 • July 5 – 19

AGES: 1 ½ – 2 ½ Years of Age

DAY: Fridays TIME: 9 – 10:30 a.m.

FEE: \$40 per Month



### TINY TOTS

Classes encourage tots to engage in new activities, sharing, and more. Children learn how to participate in groups and express



themselves creatively through art projects, stories, songs, games, and various other activities with a new theme every week.

ENROLLMENT: May 1 – 30

DAYS: Mondays through Thursdays

TIME: 9 a.m. – 12 p.m. AGES: 3 – 5 Years of Age

FEE: \$280 per Month



## YOUNG AT ART SUMMER CAMP

DRAWING - CLAY - WATERCOLOR - MULTIMEDIA

A creative art camp for kids ages 8-14.

DATES: JUNE 10-14, 17-21, & 24-28  
TIME: MON. - FRI., 9AM-11AM  
LOCATION: CV HISTORY MUSEUM  
COST: \$70 PER WEEK

REGISTER TODAY AT  
[CVHM.ORG/EDUCATION](http://CVHM.ORG/EDUCATION)

# Indio Hills

**Please Note:** All in-person activities take place at the **Indio Hills Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Indio Hills Community Center



80-400 Dillon Road  
Indio Hills, CA 92201  
(760) 347-3484  
HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### SENIOR PROGRAM

*Join us for a cup of coffee, bingo, loteria, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.*

ENROLLMENT: Ongoing

DAYS: Tuesdays, Wednesdays, Thursdays

TIME: 9:30 a.m. – 12:30 p.m.

AGES: 50 Years of Age and Over FEE: Free



## COMMUNITY EVENTS

### FAMILY SPLASH DAY

*Escape the heat and indulge in this fun and refreshing day! This family fun day at your Indio Hills Community Park will be a day you will not want to miss, as we will establish water activities throughout the park. Ensure to bring your lawn chairs and personal umbrellas.*

LOCATION: Indio Hills Community Park

DATE: Saturday, July 13 TIME: 12 – 3 p.m.

AGES: All Ages

FEE: Free



### FIESTA DE INDIO HILLS

*An evening of Fiesta for all families! Come out as we set the tone at the Community Center and lots of fun is to be anticipated. Salsa contest, pinata games, papel picado crafting, and more! This is fun you don't want to miss. To join the Indio Hills Event Planning Committee, please contact Ana at (760) 701-1043.*

DATE: Saturday, May 4

TIME: 4 – 6 p.m.

AGES: All Ages FEE: Free





# Indio Hills

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## FIND FOOD DISTRIBUTION

We bring the food from the FIND Food Bank as a way to help families within the Indio Hills Community. Distributions will be at the Indio Hills Community Center parking



lot. Please adhere to drive through safety signs, and food is distributed on a first come, first served basis.

**DISTRIBUTION:** Second Friday of the month  
(may exclude holidays)

**TIME:** 9:30 – 11:30 a.m.

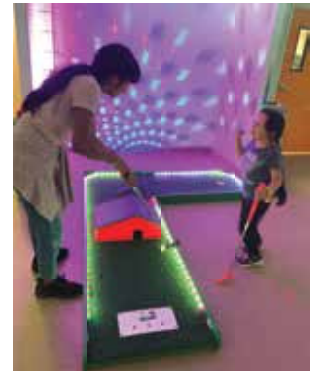
(or until all food has been distributed)

**AGES:** All Ages    **FEE:** Free

## SPORTS

### SUMMER YOUTH SOCIAL – INDOOR GOLF

We invite all children and youth to join us for a fun time as we play mini-golf indoors in the community center. A mini course will be set up throughout the building to allow for maximum fun! This is a fun-filled indoor activity to help escape the heat. Space is limited so registration is required.



**DATE:** Saturday, July 13    **TIME:** 12 – 3 p.m.

**AGES:** 5 – 16 Years of Age    **FEE:** Free

## INDIO HILLS COMMUNITY COUNCIL MEETING

On the dates specified below, the Indio Hills Community Council will hold their informational meeting for all who live in the community of Indio Hills, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

Please contact [dschemmer@rivco.org](mailto:dschemmer@rivco.org) as meetings may be held via Zoom, or may be in-person.

**DATE:** Tuesday, May 21 • **TIME:** 6 – 8 p.m. • **OPEN TO ALL AGES**

For meeting dates and more information, please visit: <https://rivco4.org/Councils/Community-Councils>

# GET FIT PASSES

## ACCESS TO ALL 4 CENTERS

\*Includes Fitness Equipment, Racquetball Courts, Weight Rooms, a Track and Gymnasiums.



### LOCATIONS AVAILABLE

**Indio Community Center**  
45-871 Clinton Street

**Palm Desert Community Center**  
43-900 San Pablo

**North Shore Beach & Yacht Club**  
99-155 Sea View Drive

**La Quinta Community Fitness Center**  
77-865 Avenida Montezuma

\*Exact amenities may vary by location.

# La Quinta

**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## La Quinta Community Fitness Center & Park



77-865 Avenida Montezuma, La Quinta, CA 92253  
(760) 564-9921  
HOURS: Monday – Friday: 5:30 a.m. – 8:30 p.m.  
Saturday: 8 a.m. – 12 p.m.  
Sunday: Closed

## Fritz Burns Pool



78-107 Avenue 52, La Quinta, CA 92253  
(760) 771-4347  
HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### FIT BEYOND 50

*Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.*

ENROLLMENT: Ongoing

DAYS:

Mondays, Wednesdays, Fridays

TIME: 11:30 a.m. – 12:45 p.m.

AGES: 50 Years of Age and Over

FEE: FREE for DRD Get Fit Pass members or \$5 for Non-Member Facility Drop-In



## ART & MUSIC

### BEGINNING PIANO FOR ADULTS

*Our Piano classes teach students how to read music along with theory and technique. The piano's timeless pitch and tone make it one of the friendliest to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere.*

ENROLLMENT: Ongoing

DAYS: Thursdays TIMES: 2 – 3 p.m.

AGES: 18 Years Old and Older FEE: \$65 per Month

## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – VISTA DUNES

*In partnership with Hope Through Housing, this Kids Club is exclusively for the residents at Vista Dunes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic*



*enrichment. Follows the Desert Sands Unified School District (DSUSD) Calendar. Please Note: During the Summer Session dates between June 11 and August 8, rather than homework assistance, the focus will include subjects like cooking, crafts, and science activities.*

LOCATION: Vista Dunes Apartment Complex

DATES: While school is in session (holidays may be excluded)

May 1 – 31, June 3 – 5, August 20 – 30

DAYS: Monday through Friday TIME: 3 – 6 p.m.

AGES: 5 – 17 Years of Age FEE: Free

DATES DURING SUMMER BREAK:

June 11 – 27 • July 2 – 30 • August 1 – 8

DAYS: Tuesdays & Thursdays TIME: 1 – 4 p.m.

# La Quinta

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## DANCE

### **BALLROOM, SWING & SALSA FOR BEGINNERS**

*This upbeat beginner Ballroom class is a great start to learn these very popular dances. Instruction in solid basics and dance patterns will be taught in classic Swing and Salsa, plus an introduction to the Fox Trot. Singles and couples are welcome.*

ENROLLMENT: May • June • July • August  
DAYS: Thursdays TIME: 6:30 – 7:30 p.m.  
AGES: 18 Years of Age and Over  
FEE: \$55 per Month DROP-IN FEE: \$15 per Class

### **BEGINNING BALLET**

*Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. Parents are welcome to watch their children learn in this fun environment.*

ENROLLMENT: Ongoing  
DAYS: Thursdays TIMES: 5:30 – 6:15 p.m.  
AGES: 5 – 10 Years of Age FEE: \$42 Per Month

### **DANCE, PLAY & PRETEND**

*Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.*

ENROLLMENT: Ongoing  
DAYS & TIMES: Mondays, 4 – 4:45 p.m. OR  
Wednesdays, 5:30 – 6:15 p.m. OR Fridays, 9 – 9:45 a.m.  
AGES: 2½ – 5 Years of Age FEE: \$42 per Month

### **LINE DANCING FOR BEGINNERS**

*Join in for this fun Line Dancing class to learn the Cupid Shuffle, Electric Slide, and today's most popular steps too!*

ENROLLMENT:  
May • June • July • August  
DAYS: Thursdays  
TIME: 11:30 a.m. – 12:30 p.m.  
AGES: 18 Years of Age and Over  
FEE: \$55 per Month  
DROP-IN FEE: \$15 per Class



## HEALTH & FITNESS

### COMMUNITY YOGA



*In this all-levels class we connect breath with movement, flowing from one pose to the next building strength, flexibility, and balance while focusing on proper alignment Props and modifications are encouraged to accommodate your body's needs. This class is donation based so you can pay what you can afford to ensure that yoga is accessible to everyBODY!*

ENROLLMENT: May 4 – 11 • June • July 6 – 13  
August (no class August 17)  
DAYS: Saturdays TIME: 8:30 – 9:30 a.m.  
AGES: 18 Years of Age and Over  
FEE: Donation Based Class, Pay As You Can!

### **HULA DANCE FOR FITNESS & FUN**

*The sounds of beautiful Hawaiian music play while you learn to exercise with Hula. Build stamina, flexibility, grace, rhythm, and balance while tightening your core, arms and thighs with this traditional dance.*



ENROLLMENT: May 13 – July 8  
DAYS: Mondays TIME: 6 – 8 p.m.  
AGES: 18 Years of Age and Over  
FEES: \$88 per Session DROP-IN-FEE: \$14 per Day

### **PERSONAL TRAINING**

**(30 minutes and 1 hour sessions, single & 5-pack options)**  
*Our trainer is a NASM certified personal trainer with a passion for helping individuals reach their health and lifestyle goals. There is nothing more rewarding than motivating someone to become healthier and more confident. BENEFITS: Enhance flexibility and mobility. Increase cardiovascular fitness levels. Reduce body fat and increase lean muscle mass.*

ENROLLMENT: Arrange in person with trainer at the  
**La Quinta Community Fitness Center**

AGES: 18 Years of Age and Over  
FEES:  
Single 60 Minute Session – \$80  
5 Sessions of 60 Minutes – \$350  
Single 30 Minute Session – \$45  
5 Sessions of 30 Minutes – \$195



# La Quinta

**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

## HEALTH & FITNESS

### QIGONG WORKSHOP

*Qigong "Meditation with Motion" A very gentle movement form, standing and seated to promote Relaxation, Focused Breathing and Rejuvenation. PRE-REGISTRATION REQUIRED.*

**DATES:** May 1, 8, 15, June 5, 12

**DAYS:** Wednesday **TIME:** 9 – 9:45 a.m.

**AGES:** 18 Years of Age and Over **FEE:** \$16 per Session

### SALSAEROBICS

*Aerobics with a Latin kick! This is the ideal class to have fun while getting in shape. It combines aerobics, dance, and exercise all to a salsa beat! The workout benefits include flexibility, conditioning and shaping up.*

**ENROLLMENT:** May, June, July

**DAYS:** Tuesdays & Thursdays **TIME:** 8 – 9 a.m.

**AGES:** 18 Years of Age and Over **FEES:** \$35 per Session

### SOUND BATH THERAPY

*Come relax with us! A sound bath uses musical instruments to create a relaxing meditative experience. Benefits of a sound bath include relaxation, stress reduction, and improved sleep. Guided by a trained instructor.*

**DATES:** May 7, June 4, July 2, August 6

**DAYS:** Tuesday **TIME:** 10:30 – 11:30 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** Free for DRD Facility Members or \$5 for Non-Member Facility Drop-In

### THREE NEW YOGA CLASSES

**AGES:** 18 Years of Age and Over

**FEES:** \$60 per Month **DROP-IN FEE:** \$20 per Day **OR**  
Summer Special – Any 2 yoga classes with Karen for \$90/mo

### RESTORATIVE YOGA



*Considered the "chocolate of yoga," this passive floor-based practice uses bolsters, blankets, and blocks to support you, giving your body the rest and recharge it needs, physically and mentally. Melt into decadent rest as you calm the nervous system, heal, and restore.*

**ENROLLMENT:** May 4 – 11 • June • July 6 – 13  
August (no class August 17)

**DAYS:** Saturdays **TIME:** 10 – 11 a.m.

### YIN YOGA



*Yin Yoga concentrates on slow, deep stretches that target your deeper fascia and connective tissues, increasing circulation in the joints and improving mobility and flexibility. Expect sweet, long holds that allow your body to surrender to stillness, leaving you with a feeling of spaciousness.*

**DATES:** Ongoing monthly classes

(class is prorated for short or long months)

**DAYS:** Tuesdays **TIME:** 4 – 5 p.m.

### SUNSET GENTLE YOGA



*In this all-levels class, we connect breath with movement, flowing from one pose to the next building strength, flexibility, and balance while focusing on proper alignment. Options for increasing or decreasing intensity are offered throughout the class. Props and modifications are encouraged to accommodate your body's needs.*

**DATES:** Ongoing monthly classes

(class is prorated for short or long months)

**DAYS:** Tuesdays **TIME:** 5:30 – 6:30 p.m.

### ZUMBA

*Everyone of every age loves Zumba! The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.*

**ENROLLMENT:** Ongoing

**DAY:** Tuesday, Wednesdays, Fridays

**TIME:** 10 – 11 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$60 per Month **DROP-IN FEE:** \$8

### SPECIAL INTEREST

#### PARENTS' NIGHT OUT

*Here's an opportunity for parents to enjoy a night out while your child enjoys a fun night in! We will keep them entertained with activities (outdoor and indoor), crafts, and a kid-friendly meal while you get some much-needed R&R. Children should wear comfy clothes and closed toed shoes.*

**DAYS:** Saturdays **TIME:** 5 – 8:30 p.m.

**DATES:** May 11 • June 8 • July 13 • August 10

**AGES:** 6 – 12 Years of Age **FEE:** \$30 per Session



# La Quinta

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## ADULT SLOW PITCH SOFTBALL LEAGUE

*Play Ball! Get your friends and family together to have some outside quality time playing one of America's all-time greatest sports! Participants 18 years and older are welcome. Games will be played at the Francis Hack ball field. Playoffs will be held for the top 4 teams the week after league play ends.*



### LOCATION:

Francis Hack Field at La Quinta Community Park

### LEAGUES, DAYS & DATES:

#### COED Mondays

*3 females per team minimum requirement to join the league.*

July 15 – September 9

TIME: 6:15 – 10:15 p.m.

AGES: 18 Years of Age and Over

FEE: \$400 per Team

## OPEN COURT TIME AT LA QUINTA BOYS & GIRLS CLUB

*Thanks to a partnership between DRD, the Boys & Girls Club and the City of La Quinta, Volleyball will be offered on Tuesday and Thursday evenings, and Basketball on Wednesday evenings. Doors will open at 6:45 p.m.*

LOCATION: La Quinta Boys and Girls Club

ENROLLMENT: Drop In

TIME: 7 – 9 p.m.

DAYS: Tuesday – Thursday, May and June Only

AGES: All Ages (13 Years of Age and under must be accompanied by a paying adult)

FEE: \$5 Daily Drop-in, or purchase an Express Pass  
\$30 for 8 visits

**Find Action!**



## SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED  
IN THIS SECTION WILL TAKE PLACE AT  
FRITZ BURNS POOL

### ENTRY FEES:

**CHILDREN:** \$3 (Under 3 Years of Age are free)

**ADULTS:** \$4

### POOL DATES & HOURS:

Open Year Round

### MONDAYS – THURSDAYS:

9 – 10 a.m. (Water Fitness Classes/Lap Swim)

10 a.m. – 12 p.m. (Youth Lessons/Lap Swim)

12 – 2 p.m. (Lap Swim/Open Swim)

2 – 4 p.m. (Closed)

4 – 7 p.m. (Youth Lessons)

7 – 8 p.m. (Water Fitness Classes/Lap Swim)

### FRIDAYS:

8 – 9 a.m. (Adult Lessons/Lap Swim)

9 a.m. – 2 p.m. (Lap Swim/Open Swim)

4 – 5 p.m. (Adaptive Splash Play)

5 – 9 p.m. (Lap Swim/Open Swim)

### SATURDAYS:

8 – 9 a.m. (Lap Swim/Open Swim)

9 – 10 a.m. (Water Fitness Classes/Lap Swim)

10 a.m. – 12 p.m. (Youth Lessons/Lap Swim)

12 – 2 p.m. (Lap Swim/Open Swim)

5 – 9 p.m. (Lap Swim/Open Swim)

### SUNDAYS:

Closed

## SPECIAL POOL EVENT

Join us on Friday, June 14 for

**“Free Swim Friday”** from 5 – 9 p.m.

## SPECIAL EVENTS AT THE POOL

### DIVE-IN MOVIES

Join us from 7:30 – 10:30 p.m. on Friday June 21 for a showing of the movie *TROLLS*, July 19 for *ELEMENTAL*, or August 9 for *THE SUPER MARIO BROS* at Fritz Burns Pool (movies begin at dusk) – check our website at

[MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies) for details on these and all of the great movies we offer!

**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

## SWIM & WATER ACTIVITIES

### WATER SAFETY WITH LENNY THE LANDSHARK

Come join us for a fun and interactive introduction to water safety for children with Lenny the LandShark. Topics include basic water safety, sun safety, importance of a life jacket, overview of a pool, canal safety, and how to call for help. Lenny the Landshark coloring books will be provided.



DAYS: Saturdays TIMES: 12 – 1 p.m.

DATES: May 25 • June 29 • July 27 • August 31

AGES: 3 – 11 Years of Age FEE: Free

### ADAPTIVE SWIM

#### ADAPTIVE SPLASH PLAY

Individuals with a disability or special need are welcome to join an early Open Swim, providing the opportunity to practice swimming skills and have fun with friends and family.



DATES: June 15 – July 6

July 13 – August 3 • August 10 – 31

DAYS: Saturdays TIME: 4 – 4:45 p.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need

FEE: Free

### ADULT CLASSES

#### ADULT SWIM LESSONS

It's never too late to learn how to swim or perfect those skills. We will introduce skills to our beginning swimmers and work on strokes and endurance for intermediate swimmers. This class is designed to introduce and improve on the basic skills necessary to meet the individual's personal goals.

DATES: June 14 – July 6 • July 12 – August 3 • August 9 – 31

DAYS: Fridays & Saturdays TIME: 10 – 10:45 a.m.

AGES: 18 Years of Age and Over FEE: \$80 per Session

### ADULT WATER AEROBICS

A class designed for all ages of guests who want a fun, fast-paced, and challenging workout. Water Aerobics is designed as a high intensity interval training course that incorporates the use of body weight, water weights, and noodles. Participants will build strength and endurance. Swimming ability is not required.

AGES: 18 Years of Age & Over FEE: \$50

DAYS & DATES:

**Saturdays – 9 – 9:45 a.m.:**

June 15 – August 3 • August 10 – September 28

DAYS & DATES:

**Tuesdays & Thursdays – 9 – 9:45 a.m.:**

June 11 – July 4 • July 9 – 30 • August 6 – 29

DAYS & DATES:

**Mondays & Wednesdays - 7 – 7:45 p.m.:**

June 10 – July 3 • July 8 – 31 • August 5 – 28

### SENIOR SPLASH CLASS

Senior Splash is a slow-paced Water Aerobics class that focuses on expanding flexibility and maintaining strength. This class incorporates the use of body weight, water weights, and noodles. Swimming ability is not required.

AGES: 62 Years of Age and Over

FEE: \$25 per Session

DAYS & DATES:

**Mondays & Wednesdays:**

June 10 – July 3 • July 8 – 31 • August 5 – 28

TIME: 9 – 9:45 a.m.

**Tuesdays & Thursdays:**

June 11 – July 4 • July 9 – August 1 • August 6 – 29

TIME: 7 – 7:45 p.m.

### CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: June 10 – 20

SESSION 4: July 22 – Aug 1

SESSION 2: June 24 – July 4

SESSION 5: August 5 – 15

SESSION 3: July 8 – 18

## INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

### Parent & Me Classes:

AGES: 6 Months – 3 Years of Age

TIME: 11 – 11:45 a.m. **OR** 5 – 5:45 p.m. **OR** 6 – 6:45 p.m.

### Parent & Me Classes: MAY – JUNE

DATES: May 13 – 23 • May 27 – June 6

TIME: 12 – 12:45 p.m. FEE: \$62.50 per Session

### Parent & Me Classes: SATURDAY

DATES: June 15 – August 3 • August 10 – September 28

TIME: 10 – 10:45 a.m. FEE: \$70 per Session

## PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age

TIMES: 4 – 4:45 p.m. **OR** 5 – 5:45 p.m. **OR** 6 – 6:45 p.m.

### Guppies: MAY – JUNE

DATES: May 13 – 23 • May 27 – June 6

TIME: 11 – 11:45 a.m.

FEE: \$62.50 per Session



### Guppies: SATURDAY

DATES: June 15 – August 3 • August 10 – September 28

TIME: 10 – 10:45 a.m. **OR** 11 – 11:45 a.m.

FEE: \$70 per Session



## GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

**Penguins 1** AGES: 6 ½ – 12 Years of Age

TIMES: 10 – 10:45 a.m. **OR** 11 – 11:45 a.m.

4 – 4:45 p.m. **OR** 5 – 5:45 p.m.



### Penguins 1: SATURDAY

DATES: June 15 – August 3 • August 10 – September 28

TIME: 11 – 11:45 a.m. FEE: \$70 per Session

**Penguins 2** AGES: 8 – 12 Years of Age

TIMES: 5 – 5:45 p.m. **OR** 6 – 6:45 p.m.

**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke, and butterfly kick, and elementary backstroke.

AGES: 6 ½ – 12 Years of Age

TIMES: 10 – 10:45 a.m. **OR** 4 – 4:45 p.m.



**BARRACUDAS:** Front crawl, back crawl, backstroke, breaststroke, and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

AGES: 7 – 13 Years of Age

TIMES: 5 – 5:45 p.m.



**SHARKS:** The sharks are sharp as they focus on endurance with backstroke and freestyle, master freestyle breathing and build on the butterfly and elementary backstroke. Turning at the wall is introduced. Requirements include freestyle with side breathing, backstroke, and elementary backstroke for 25 yards.

AGES: 8 – 14 Years of Age

TIMES: 6 – 6:45 p.m.



**Please Note:** All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Mecca Community Center



65-250 Coahuilla Street, Mecca, CA 92254  
(760) 396-0257  
HOURS: Monday – Friday: 8 a.m. – 2 p.m.  
Saturday & Sunday: Closed

## Mecca Community Pool



65-250 Coahuilla Street, Mecca, CA 92254  
(760) 347-3484  
Reserve Spring and Summer Rentals Now

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### SENIOR PROGRAM

Join us for the Mecca Senior Program where seniors can enjoy activities such as crafts, Fit After 50, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays – Thursdays **TIME:** 9 a.m. – 1 p.m.

**AGES:** 50 Years of Age and Over **FEE:** Free

## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – PASEO DE LOS HEROES

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Paseo De Los Heroes II Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

**LOCATION:** Paseo De Los Heroes Apartments

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

**DATES:** May 1 – 31 • June 4 – 14 • August 20 – 30

**TIME:** 3 – 6 p.m. **DAYS:** Tuesday through Friday

**AGES:** 5 – 17 Years of Age **FEE:** Free

### MECCA AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

**TIME:** School Dismissal to 6 p.m.

**DAYS:** Monday through Friday

**GRADES:** Kindergarten through 6th Grade

**FEE:** Free\*

\*The Mecca After School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.

### SUMMER SCENE

Summer Scene is a wonderful way to introduce the youth in the community of Mecca to various art forms. This program will give participants a safe place to let their creative minds wander and explore their creativity.

**DATES:** June 18 – August 15

**DAYS:** Tuesday & Thursday **TIME:** 5 – 7 p.m.

**AGES:** 6 – 12 Years of Age

**FEE:** Free



## COMMUNITY EVENTS

### FAMILY GLOW GOLF

Join us for a night of glow golf for the entire family and of course a lot of fun! Refreshments, snacks, and material will be provided.

DATE: Saturday, June 22 TIME: 6 – 7:30 p.m.

AGES: All Ages FEE: Free

### FAMILY PAINT NIGHT

We welcome all families of Mecca and surrounding communities to join us for a night of painting and of course fun! Refreshments, snacks, and material will be provided.



DATE: Wednesday, July 24

TIME: 6 – 7:30 p.m.

AGES: All Ages FEE: Free

### LET IT GLOW (YOUTH SOCIAL)

We welcome all youth in Mecca and surrounding communities to join us for a night of fun, dancing, music and games! We will be having a Silent Disco for the first 50 participants, as well as a glow golf course. You do not want to miss this event, registration is required! Space is limited, so enroll today!



DATES & TIMES: Friday, May 31 • 6 – 7:30 p.m.

Thursday, August 20 • 7 – 8:30 p.m.

AGES: 6 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



Irene W. & Guy L. Anderson  
Children's Foundation

### LOTERIA NIGHT

We are excited to welcome the community of Mecca and surrounding communities to join us for a night of games, community, and fun! All are welcome to participate in this fast, fun paced night of Loteria.

DATE: Wednesdays, May 8 & August 28

TIME: 6 – 7:30 p.m. AGES: All Ages FEE: Free

## DANCE

### FOLKLORICO (BALLET FOLKLORICO)

Learn the many different styles of the dance that originated in Mexico, Folklorico. The choreography reflects Mexico's diverse ethnic makeup through dance steps influenced by Spanish, European, African and Caribbean cultures.



ENROLLMENT: May

DAYS: Tuesdays & Thursdays TIMES: 6 – 7 p.m.

AGES: 7 – 12 Years of Age FEE: \$30 per Month

### YOUTH DANCE

The youth in this program will learn the fundamentals of movement consisting of spatial awareness, movement, footwork, and more.

ENROLLMENT: May

DAYS: Monday & Wednesday TIMES: 6 – 7 p.m.

AGES: 7 – 12 Years of Age FEE: \$30 per Month

## SPECIAL INTEREST

### KIDS IN THE KITCHEN

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.

DATE: Wednesday, May 29

TIMES: 4 – 5:30 p.m. AGES: 7 – 10 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



Irene W. & Guy L. Anderson  
Children's Foundation



**Please Note:** All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.



**Please Note:** There is a program subsidy for all sports listed. Subsidies will be available while funds last.

## BASKETBALL DEMO

Join us for a **FREE Youth Basketball Demonstration event** at the Mecca Boys and Girls Club! Kiddos will have the opportunity to get a taste of the upcoming basketball league coming to Mecca this summer.

**LOCATION:** Mecca Boys and Girls Club

**DATE:** Wednesday, May 29

**TIME:** 5 – 6 p.m.

**AGES:** 7 – 11 Years of Age **FEE:** Free



## BASKETBALL YOUTH CLINIC

Improve your basketball skills with our year-round program that allows you to enroll for the month or drop-in when it is convenient for you. Learn about the game from some of the most experienced enthusiastic instructors that will help you develop your basketball skills.

**LOCATION:** Mecca Boys and Girls Club

**ENROLLMENT:**

June 5 – 26 • July 3 – 24

**DAYS:** Wednesdays **TIME:** 10 – 11 a.m.

**AGES:** 7 – 11 Years of Age **FEE:** \$25 per Month



## MULTI-SPORTS CAMP

Learn fundamentals of different sports at this sports camp including soccer, basketball, futsal, pickleball, and much more. Youth will learn general and specific skills and use them in competitive game play and challenges. Youth will be separated by age and skill when appropriate. Youth must bring water and tennis shoes. Loose athletic clothing is encouraged.

**LOCATION:** Mecca Boys and Girls Club

**ENROLLMENT:** July 8 – 12 & July 22 – 26

**DAYS:** Monday – Friday **TIME:** 10 – 11:30 a.m.

**AGES:** 7 – 11 Years of Age **FEE:** \$40 per Week Session



## YOUTH FLAG FOOTBALL CLINIC

If you are a football enthusiast, come join our Mecca Youth Flag Football Clinic to sharpen your footwork, speed, and skills to get your game to the next level! This session is going to be non-contact drills to focus on your individual skills and sharpen your techniques to prepare for your next football season. Athletic clothing & shoes recommended and a bottle of water.

**ENROLLMENT:** July 1 – 22 • August 5 – 26

**DAYS:** Mondays **TIME:** 7 – 8 p.m.

**AGES:** 7 – 11 Years of Age

**FEE:** \$25 per Month

## YOUTH FUTSAL CLINIC

All Futsal enthusiasts are encouraged to come out and join our Mecca Youth Futsal Clinic. This program will teach you drills, footwork, speed, and agility skills to get your game to the next level. We will practice first touch drills and work on game time situations. This session is going to be non-contact drills.

**LOCATION:** Mecca Boys and Girls Club

**ENROLLMENT:** June 5 – 26 • July 3 – 24

**DAYS:** Wednesdays **TIME:** 3 – 4 p.m.

**FEE:** \$25 per Month



## YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

**LOCATION:**

Mecca Sports Park

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays

**MONTHS & TIMES:**

May: 5:45 – 6:45 p.m.

June, July, August: 7:15 – 8:15 p.m.

**AGES:** 6 – 12 Years of Age

**FEE:** \$25 per Month





## SWIM & WATER ACTIVITIES

**ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT MECCA COMMUNITY POOL**

### ENTRY FEES:

**CHILDREN:** \$3 (Under 3 Years of Age are free)

**ADULTS:** \$4

### POOL DATES & HOURS:

First day – June 10 • Last day – September 2  
(Hours will be reduced to weekends only beginning August 17)

### MONDAYS – THURSDAYS:

4 – 7 p.m. (Youth Lessons)

7 – 9 p.m. (Lap Swim/Open Swim)

### FRIDAYS & SATURDAYS:

4 – 5 p.m. (Adaptive Splash Play) Saturday Only

5 – 9 p.m. (Open Swim)

**SUNDAYS:** Closed

## SPECIAL POOL EVENT

Join us on Friday, June 14 for  
**“Free Swim Friday”** from 5 – 9 p.m.

### DIVE-IN MOVIES – TROLLS

Family and friends of all ages will enjoy a free Family Movie at the Pool. Mark your calendars for this big movie night featuring **Trolls**. No tickets needed- just come for a fun-filled flick and you can even watch it from the comfort of the water on a summer night. The movie begins at dusk.

DATE: Friday, June 28

TIMES: 7:30 – 10:30 p.m.

AGES: All Ages

FEE: Free



### WATER SAFETY WITH LENNY THE LANDSHARK

Come join us for a fun and interactive introduction to water safety for children with Lenny the LandShark. Topics include basic water safety, sun safety, importance of a life jacket, overview of a pool, canal safety, and how to call for help. Lenny the Landshark coloring books will be provided.

DATE: Wednesday, June 19

TIMES: 7 – 8 p.m.

AGES: 3 – 11 Years of Age

FEE: Free



### ADAPTIVE SWIM

#### ADAPTIVE SPLASH PLAY

Individuals with a disability or special need are welcome to join an early Open Swim, providing the opportunity to practice swimming skills and have fun with friends and family.

DATES: June 15 – July 6 •

July 13 – August 3 • August 10 – 31

DAYS: Saturdays

TIME: 4 – 4:45 p.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need

FEE: Free



### CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: June 10 – 20

SESSION 4: July 22 – Aug 1

SESSION 2: June 24 – July 4

SESSION 5: August 5 – 15

SESSION 3: July 8 – 18

**Please Note:** All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.

## SWIM & WATER ACTIVITIES

### INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

#### Parent & Me Classes:

AGES: 6 Months – 3 Years of Age

TIME: 5 – 5:45 p.m.

### PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.



AGES: 3 – 6 Years of Age

TIMES: 4 – 4:45 p.m. **OR** 5 – 5:45 p.m. **OR** 6 – 6:45 p.m.

### GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

**Penguins 1** AGES: 6 ½ – 12 Years of Age

TIMES: 4 – 4:45 p.m. **OR** 6 – 6:45 p.m.



**Penguins 2** AGES: 8 – 12 Years of Age

TIMES: 4 – 4:45 p.m. **OR** 5 – 5:45 p.m. **OR** 6 – 6:45 p.m.

**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke, and butterfly kick, elementary backstroke as well as additional water safety.

AGES: 6 ½ – 12 Years of Age

TIMES: 4 – 4:45 p.m. **OR** 5 – 5:45 p.m.

**OR** 6 – 6:45 p.m.



**For Kids  
6 months to  
5 Years of Age**

**Desert Recreation District offers Swim Lessons year-round at Fritz Burns pool in La Quinta. Classes offered are Parent & Me and Guppies.**



**First 5 Riverside County Sponsors a Scholarship Program for Families!**

**Visit: [MyRecreationDistrict.com/swim-water-programs](http://MyRecreationDistrict.com/swim-water-programs)**



**Check out the activities we offer in Mecca and neighboring communities at [Instagram.com/DRD\\_EastValley](https://www.instagram.com/DRD_EastValley)**

# North Shore

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## North Shore Beach & Yacht Club



99-155 Sea View Drive, North Shore, CA 92254  
(760) 393-0602  
HOURS: Monday – Friday: 8 a.m. – 12 p.m. and  
4 – 8 p.m.  
Saturday & Sunday: Closed

## North Shore Community Park



99-480 70th Avenue, North Shore, CA 92254  
(760) 393-0602  
HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### SENIOR PROGRAM

Join us for the North Shore Senior Program where seniors can enjoy activities such as exercise, art, guest speakers, resources, field trips, and much more. Drop by the center and pick up a monthly calendar!

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays & Thursdays    **TIME:** 9 a.m. – 1 p.m.

**AGES:** 50 Years of Age and Over    **FEE:** Free



## CAMP & AFTER SCHOOL PROGRAMS

### NORTH SHORE AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

**TIME:** School Dismissal to 6 p.m.    **DAYS:** Mondays – Fridays

**GRADES:** Kindergarten through 6th Grade

**FEE:** Free\* – \*The North Shore After-School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.

### SUMMER BY THE SHORE

Come in and join the fun activities such as themed games, creative arts projects, crafts, board game tournaments, karaoke, and much more! Participants can learn new skills and build self-esteem through Sport Activities, Creative Arts and Crafts and group games. A daily snack is provided.

**DATES:** June 17 – August 16

**DAYS:** Mondays – Fridays    **TIME:** 8 a.m. – 12 p.m.

**AGES:** 5 - 12 Years of Age    **FEE:** Free



# North Shore

**Please Note:** All in-person activities take place at the **North Shore Beach & Yacht Club** unless otherwise noted in the activity details that follow.

## COMMUNITY EVENTS

### CATHOLIC CHARITIES FOOD DISTRIBUTION

No paperwork is required to obtain food at this free event; food distributed on a first come, first served basis beginning at 8 a.m. until food is gone. This is a drive-thru distribution and food will be placed in your vehicle.

DAYS: Wednesdays    FREQUENCY: Weekly

TIME: 8 – 9 a.m.

### FAMILY GLOW GOLF NIGHT

We welcome all families of North Shore and surrounding communities to join us for a night of Glow Golf and of course fun! Refreshments, snacks and material will be provided.

DATE: Friday, June 21    TIME: 6 – 7:30 p.m.

AGES: All Ages    FEE: Free

### FAMILY PAINT NIGHT

Everyone in North Shore and surrounding communities are invited to join us for a night of painting and of course fun! Refreshments, snacks and materials will be provided.

DATE: Friday, July 26

TIME: 6 – 7:30 p.m.    AGES: All Ages

FEE: Free

### LET IT GLOW (YOUTH SOCIAL)

We welcome all youth in North Shore and surrounding communities to join us for a night of fun, dancing, music and games! We will be having a Silent Disco for the first 50 participants, as well as a glow golf course. You do not want to miss this event, registration is required! Space is limited, so enroll today!



DATES & TIMES: Thursday, May 23 • 6 – 7:30 p.m.

Friday, August 16 • 7 – 8:30 p.m.

AGES: 6 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**

## LOTERIA NIGHT

We are excited to welcome the community of North Shore and surrounding communities to join us for a night of games, community, and fun! All are welcome to participate in this fast, fun paced night of Loteria.



DATES: Monday, May 6 & Friday, August 30

TIME: 6 – 7:30 p.m.    AGES: All Ages

FEE: Free

## DANCE

### FOLKLORICO (BALLET FOLKLORICO)

The class will focus on the history and culture and the music and dance of Mexico. Youth will learn the basics of Zapateado footwork and the fundamentals of



ballet Folklorico including skirt work, dance techniques, performance style and choreography.

ENROLLMENT: May

DAYS: Monday & Wednesday    TIMES: 6 – 7 p.m.

AGES: 7 – 12 Years of Age

FEE: \$30 per Month

## HEALTH & FITNESS

### ZUMBA

Zumba is a dynamic, exciting, and an effective fitness system with upbeat,



international music and dance steps. It's a great way to exercise and have fun no matter your fitness level, you'll love Zumba!

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays    TIME: 6 – 7 p.m.

AGES: 14 Years of Age and Over

FEE: \$35 per Month    DROP-IN FEE: \$5 per Class

# North Shore

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## MOVIES

### **MOVIES IN THE PARK/MOVIE NIGHTS**

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at [MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies) for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. We are currently planning a movie on Friday, May 10 at North Shore Community Park. Please note inclement weather such as high winds can alter the schedule.



## SPECIAL INTEREST

### **KIDS IN THE KITCHEN**

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.

DATE: Wednesday, May 29

TIMES: 4 – 5:30 p.m. AGES: 7 – 10 Years of Age

FEE: Free thanks to funding from and the Anderson Children's Foundation



Check out the activities we offer in North Shore and neighboring communities at [Instagram.com/DRD\\_EastValley](https://www.instagram.com/DRD_EastValley)

## SPORTS

**Please Note:** There is a program subsidy for all sports listed. Subsidies will be available while funds last.

### **YOUTH BASKETBALL CLINIC**

There will be a beginning and advanced clinic to accommodate different skill levels of the participants. Our clinic will focus on various drills to improve your basketball skills. For our beginning classes we will also cover the fundamentals of the sport of basketball.

LOCATION: North Shore Community Park

ENROLLMENT: June & July

DAYS: Thursdays TIME: 7 – 8 p.m.

AGES: 7 – 10 Years of Age

FEE: \$25



### **YOUTH BASKETBALL DEMO**

Join us for a FREE Youth Basketball Demonstration event at North Shore Park Basketball Court! Kiddos will have the opportunity to get a taste of the upcoming basketball league coming to Mecca this summer.

LOCATION: North Shore Community Park

DATE: Monday, May 27

TIME: 6:30 – 7:30 p.m.

AGES: 7 – 10 Years of Age FEE: Free

### **YOUTH SOCCER CLINIC**

There will be a beginning and advanced clinic to accommodate different skill levels of the participants. Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

LOCATION:

North Shore Community Park

DATES & TIMES: May 2 – 23 • 6:15 – 7:15 p.m.

June, July, August • 7 – 8 p.m.

DAYS: Thursdays AGES: 7 – 10 Years of Age

FEE: \$25



# Oasis

**Please Note:** All in-person activities take place at the **Oasis del Desierto Park** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Oasis del Desierto Park



88-775 Avenue 76, Thermal, CA 92274  
(760) 393-0602  
HOURS: See Activities for Times/Days

## COMMUNITY EVENTS

### H2-OASIS: WATER DAY AT THE PARK

Come make a splash with us and beat the summer heat at the first H2-Oasis water day. We encourage all participants to bring towels and clothing you do not mind getting wet. There will be music, water themed activities, and fun!

DATE:  
Saturday, June 15  
TIME: 11 a.m. – 1 p.m.  
AGES: All Ages  
FEE: Free



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### LOTERIA NIGHTS

We are excited to welcome the community of Oasis and surrounding communities to join us for a night of games, community, and fun! All ages are welcome to participate in a fast, fun paced game of Loteria.

DATE: Tuesday, May 7 TIME: 6 – 7:30 p.m.  
AGES: All Ages FEE: Free



### THE SCENE

Come join the Scene! Calling all youth of Oasis. Join us for a fun evening in the park. We will have group games, music, crafts, tournaments, sports, and much more.

LOCATION: Mountain View Estates  
DATES: Every Wednesday in June & July  
TIME: 6:30 – 7:30 p.m.  
AGES: 6 – 10 Years of Age  
FEE: Free

### MOVIES

#### MOVIES IN THE PARK

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at [MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies) for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. **Please note inclement weather such as high winds can alter the schedule.**

MOVIE NIGHT: Mountain View Estates  
DATE: May 24 TIME: 8 – 9:30 p.m.  
AGES: All Ages FEE: Free

MOVIE NIGHT: Oasis De Desierto Park  
DATE: July 19 TIME: 8 – 9:30 p.m.  
AGES: All Ages FEE: Free





## SPORTS

**Please Note:** There is a program subsidy for all sports listed. Subsidies will be available while funds last.

### **YOUTH BASKETBALL CLINIC**

Improve your basketball skills with our year-round program that allows you to enroll for the month or drop-in when it is convenient for you. Learn about the game from some of the most experienced enthusiastic instructors that will help you develop your basketball skills.

**ENROLLMENT:** May 1 – 22 • June 5 – 26 • July 3 – 24  
**DAYS:** Wednesdays    **TIME:** 6:30 – 7:30 p.m.  
**AGES:** 7 – 11 Years of Age    **FEE:** \$25 per Month



### **YOUTH FLAG FOOTBALL SKILLS CLINIC**

If you are a football enthusiast, come join our Oasis Youth Flag Football Skills Clinic. This program will teach you football and footwork drills and speed agility skills to get your game to the next level! This session is going to be non-contact drills to focus on your individual skills and sharpen your techniques to prepare for your next football season.

**DATE:** Tuesday, July 13    **TIME:** 7 – 8 p.m.  
**AGES:** 7 – 11 Years of Age    **FEE:** Free



### **YOUTH SOCCER CLINIC**

Our clinic will focus on various drills to improve your soccer skills. For all classes we will also cover the fundamentals of the sport of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.



**ENROLLMENT:** Ongoing

**DATES & TIMES:**

May • 5:30 – 6:30 p.m.

June, July, August • 7 – 8 p.m.

**DAYS:** Wednesdays

**AGES:** 6 – 12 Years of Age

**FEE:** \$25 per Month



Check out the activities we offer in Oasis and neighboring communities at [Instagram.com/DRD\\_EastValley](https://www.instagram.com/DRD_EastValley)

# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Palm Desert Community Center



**Temporary Office:** Park View Building  
73710 Fred Waring Drive, Suite 135  
Palm Desert

Call for hours of operation: (760) 347-3484  
*Re-opening of new facility late fall 2024.*

## Portola Community Center



45-480 Portola Avenue, Palm Desert  
(760) 568-2560

HOURS: Monday - Friday: 8 a.m. - 8:30 p.m.  
Saturday & Sunday: Closed

## The Golf Center at Palm Desert



74-945 Sheryl Avenue, Palm Desert  
(760) 779-1877

HOURS: See Activities for Times/Days

## Cahuilla Hills Park

45-825 Edgehill Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

## Freedom Park

77-400 Country Club Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

## Palm Desert Soccer Park

74-735 Hovley Lane, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 9 p.m. Daily

## Olsen Community Park

43-005 Magnesia Falls Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

## University Park

74-802 University Park Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily



## Re-Opening of New Facility, Late Fall 2024



# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

Please note: Sport chairs are available for use during adaptive programs. Instructions for requesting a sports chair will be given during registration.

## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE BASKETBALL

Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling. Participants will receive instruction from our adaptive coaches while working through drills.



#### ENROLLMENT & LOCATION:

May: Civic Center Park Outdoor Basketball Courts

June 10 – August 27: TBD

DAYS: Monday \*TIMES: 3 – 4 p.m. OR 4 – 5 p.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

\*Program times subject to change

### ADAPTIVE PICKLEBALL

Work on hand-eye coordination and develop your pickleball skills with us. Classes work on skill development through drills with progression to game play.

#### ENROLLMENT & LOCATION:

May: Civic Center Park Outdoor Tennis Courts

June 10 – August 27: TBD

DAY: Thursdays \*TIME: 4 – 5 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

\*Program times subject to change



### ADAPTIVE ROTATING SPORTS

Soccer, badminton, wiffleball, scooter or sport chair obstacle courses, table tennis? We're looking to keep our participants on their toes for what to expect in this session. Programs will focus on skill development and fun!

LOCATION: TBD

ENROLLMENT: June 10 – August 29

DAYS: Thursdays \*TIME: 3 – 4 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

\*Program times subject to change

### ADAPTIVE TENNIS

A great way to work on hand-eye coordination while outdoors, learn to play or improve your tennis skills. All ability levels are welcome, no experience necessary. Participants can join as a standing or sitting player.



LOCATION: Civic Center Outdoor Tennis Courts

ENROLLMENT: May

DAYS: Thursdays \*TIME: 3 – 4 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

\*Program times subject to change

## DANCE

### BALLROOM: SWING & SALSA LESSONS

Join in these fun and easy 4-week sessions! These classes will give you solid instruction in the ever so popular ballroom dance, swing, salsa, fox trot as well as an introduction to the cha-cha. Both singles and partners welcome.

LOCATION:

Palm Desert Civic Center Amphitheater

ENROLLMENT: May 8 – 29

June 5 – 26 • July 10 – 31 • August 7 – 28

DAYS: Wednesdays TIME: 7:30 – 8:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$52 per Month per Person



# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## DANCE

### LINE DANCING

*Time to have some fun! These classes will lift your spirits, keep your mind sharp, and are a great way to get exercise and get fit!*

LOCATION: Palm Desert Civic Center Amphitheater

ENROLLMENT: May 8 – 29 • June 5 – 26

July 10 – 31 • August 7 – 28

DAYS: Wednesdays TIME: 6:30 – 7:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$43 per Month per Person

## HEALTH & FITNESS

### TAI CHI

#### INTRODUCTION TO TAI CHI

*This Program allows participants to experience the benefits of Tai Chi movements, improving the balance, increasing lung capacity through focused breathing and quieting the mind.*

LOCATION: Portola Community Center

DATES: May 2, 9 & 16 • June 6, 13 & 20

DAYS: Thursdays TIME: 12 – 12:45 p.m.

AGES: 18 Years of Age & Over

FEE: \$16 per Class

#### TAI CHI FOR YOUR HEALTH

*Tai Chi for Your Health focuses on introducing participants to ways in which they may improve balance, quiet one's mind, and may also help increase lung capacity through focused breathing and more.*

LOCATION:

Portola Community Center

ENROLLMENT: May, June, July

DAY: Mondays

TIME: 12 – 12:45 p.m.

AGES: 18 Years of Age & Over

FEE: \$41.25 for May

\$55 for June & July

DROP-IN FEE: \$16 per Day



## SPECIAL INTEREST

### CHESS

#### BEGINNING CHESS – YOUTH & ADULT

*Enhance your memory by having fun becoming the KING of Chess. This program is structured to learn the fundamentals and learn the strategies to checkmate your opponent with critical thinking tactics and problem-solving abilities.*



LOCATION: Portola Community Center

ENROLLMENT: June, July, August DAYS: Fridays

AGES & TIMES: 7 – 14 Years of Age • 3:30 – 4:30 p.m.

15 Years of Age and Over • 5:30 – 6:30 p.m.

FEE: \$30 per Month

#### INTERMEDIATE CHESS

*Come and join us and have fun competing against other players across the desert. Challenge your Chess skills and learn new techniques on how to checkmate your opponent. In these sessions, you will master patience, strategy, and thinking critically. Bring your own board and pieces.*

LOCATION: Portola Community Center

ENROLLMENT: June, July, August DAYS: Fridays

TIME: 4:30 – 5:30 p.m. AGES: 7 – 15 Years of Age

FEE: \$30 per Month

#### K9 NOSE WORK–BASIC–INTRO TO SCENT WORK WORKSHOP

*This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.*



LOCATION: Portola Community Center

DATES: May & August DAY: Tuesdays

TIME: 10 – 10:50 a.m. AGES: 18 Years of Age and Over

FEE: \$200 per 4-week session

# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## ★ SPECIAL INTEREST

### K9 NOSE WORK-ADVANCED DETECTIVE

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. **Prerequisite: K9 Nose Work Intermediate Workshop.**

LOCATION: Portola Community Center

DATES: May & August DAY: Tuesdays

TIME: 12 – 12:50 p.m.

AGES: 18 Years of Age and Over

FEE: \$200 per 4-week session

## 🏀 SPORTS

### BASKETBALL

#### BASKETBALL TRAINING ZONE

Don't wait for the season to begin, start training now and be ready for draft day. Join the "Basketball Training Zone" and take your game to the next level. Our instructors provide constructive feedback highlighting your strengths and pinpointing areas needing improvement.

LOCATION: Horizon School Gymnasium

ENROLLMENT: June, July, August

DAYS: Thursdays

FEE: \$40 per Month

DROP-IN FEE: \$12 per Day

#### BASKETBALL TRAINING ZONE: BEGINNERS

TIME: 3:45 – 4:45 p.m. AGES: 7 – 9 Years of Age

#### BASKETBALL TRAINING ZONE: INTERMEDIATE

TIME: 4:45 – 5:45 p.m. AGES: 10 – 14 Years of Age



## FRISBEE

**Ultimate Frisbee** - Join us for an introduction to the game of Ultimate Frisbee with the goal of exercise, improving stamina and advancing your skills. The program will consist of two games side by side, with the advanced team playing next to the beginners.

LOCATION: Football Field at Palm Desert Freedom Park

AGES: 13 Years of Age and Over

### ULTIMATE FRISBEE – 1 DAY

DATES: May 6 – June 24 • July 1 – August 26

DAYS: Mondays TIME: 6:30 – 8:30 p.m.

FEE: \$40 per Session DROP-IN FEE: \$5

### ULTIMATE FRISBEE – 2 DAYS

DATES: May 1 – June 26 • July 1 – August 28

DAYS: Mondays & Wednesdays TIME: 6:30 – 8:30 p.m.

FEE: \$60 per Session DROP-IN FEE: \$5

## BERGER FOUNDATION

## ICEPLEX

### Skate Classes and Hockey Tot!

#### \$5.00 OFF DISCOUNT CODE

Available for Learn to Skate Classes and Hockey Tot

#### DRDspring

Receive \$5 off classes, April 23 – June 15, 2024.

Code expires May 4, 2024.

#### DRDsummer

Receive \$5 off classes, June 18 – August 10, 2024.

Code expires June 29, 2024.

#### Learn to Skate



#### Learn to Play Hockey

Discount does not apply.



Please note all ice skating and hockey activities take place at the Berger Foundation Iceplex. Please register by using the **QR Codes** or on-line at [BergerFoundationIceplex.com](http://BergerFoundationIceplex.com)

You can register for our summer camps at:  
[BergerFoundationIceplex.com/camps-clinics](http://BergerFoundationIceplex.com/camps-clinics) 53

# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## PICKLEBALL

LOCATION FOR ALL PICKLEBALL CLINICS:

Palm Desert Civic Center Park – Outdoor Pickleball Courts

### PICKLEBALL CLINICS – BEGINNER LEVEL

*Beginner level pickleball clinics have group skills and drills for beginner players. Plan your schedule with the instructor. At this level, the player is new to pickleball and will be learning scoring and rules. You will be developing a forehand and learning how to serve correctly.*

ENROLLMENT: Ongoing DAYS: Mondays

TIME: 7 – 8:30 a.m.

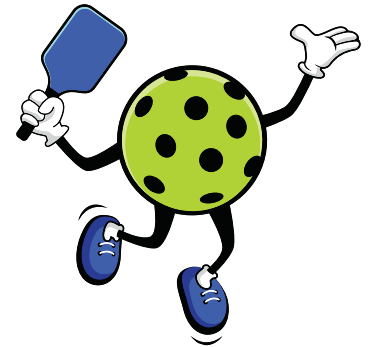
AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day



### PICKLEBALL CLINICS – ADVANCED BEGINNER LEVEL

*At this level, there will be group skills and drills for advanced Beginner players. Plan your schedule with instructor. Players in this category are able to sustain longer rallies and may make easier volleys and use their backhand more often, but often need work on stroke development.*



ENROLLMENT: Ongoing

DAYS: Wednesdays TIME: 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

### PICKLEBALL CLINICS – INTERMEDIATE TO ADVANCED DRILLS

*This level of player will be doing group skills and drills for intermediate to advanced players, and players will have achieved stroke dependability with directional control on most medium paced and some harder hit shots but still need to develop more depth and variety with their shots. Plan your schedule with the instructor.*

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

### PICKLEBALL CLINICS – ADVANCED PLAY DRILLS

*This class requires a minimum 3.0-3.5 skill level and above OR instructor approval. This clinic will consist of specific drills for the first part and then the remainder will be spent running strategy/game play tournaments with various formats.*

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$80 per Month • \$25 per Day

# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## SOCCER

### 2024 CHALLENGER SPORTS SUMMER SOCCER CAMP

*Incorporating the best coaching methodologies from around the world, players will work on technical foundation skills in a fun and safe environment. More than just a soccer camp: a cultural, educational, and informational program that uses soccer to teach core values of responsibility, respect, integrity, sportsmanship, and leadership. All registrations are to be completed on [challengersports.com](http://challengersports.com)!*

LOCATION: Palm Desert Freedom Park

DATES: June 17 – June 21

DAYS: Monday - Friday TIMES: 4 – 8 p.m.

AGES: 2 – 12 Years of Age

FEE: \$110 for 2 – 5 years of age  
\$185 for 5 – 12 years of age

### PALM DESERT YOUTH SOCCER CLINIC – BEGINNERS

*This class will develop an understanding of the engaging and exciting aspects of soccer, and improve their listening, social, and athletic skills. Each activity is designed to be fun and fast-paced.*

LOCATION: Palm Desert Civic Center by Basketball Courts

ENROLLMENT: Ongoing

DAYS: Saturdays TIMES: 10 – 11 a.m.

AGES: 5 – 8 Years of Age

FEE: \$40 per Month



## PARENT & ME SOCCER

*This class focuses on the development and learning for children aged 2 to 4 years old. Motor and social skill improvements are made through fun instructional games and obstacle courses, all while learning the fundamentals of soccer. Parent participation is required.*



LOCATION: Palm Desert Civic Center by Basketball Courts

ENROLLMENT: Ongoing

DAYS: Saturdays TIMES: 9 – 10 a.m.

AGES: 2 – 4 Years of Age (with parents participating)

FEE: \$40 per Month

## TENNIS

### TENNIS –

#### YOUTH BEGINNER/ ADVANCED BEGINNER

*This class is meant to introduce the game of tennis to your child. Players will be using a new modified tennis ball that is meant for beginners to learn the proper tennis strokes easily and quickly.*

LOCATION: Palm Desert Civic Center Park

ENROLLMENT: Ongoing DAYS: Mondays & Fridays

AGES: Beginners: 7 – 11 Years of Age

Advanced Beginners: 11 – 15 Years of Age

TIMES:

May: Beginners: 4:40 – 5:30 p.m.

Advanced Beginners: 5:30 – 6:30 p.m.

June, July, August: Beginners: 6 – 7 p.m.

Advanced Beginners: 7 – 8 p.m.

FEE: \$52 per Month





**A program of Desert Recreation District**

First Tee – Coachella Valley is part of an international youth development organization that provides educational programs which build character and promote healthy choices through the game of golf. Classes are available for all skill levels for participants 4 – 18 Years of Age. Golf equipment and Financial Aid are provided for any participant who has a need.

**6-WEEK SESSIONS ARE OPEN TO THOSE 4 - 18 YEARS OF AGE.**

*\*Session Dates Subject to Change\**

First Tee weekly classes described below are \$65 per six-week Session, classes meet once a week and will be 45 – 90 minutes depending on your participants' age.

**SPRING PROGRAMMING**

Spring Session 1: February 26 – April 6 (six weeks)

*Registration opens on Wednesday, February 14 at 6:30 a.m.*

Spring Session 2: April 15 – May 25 (six weeks)

*Registration opens on Wednesday, April 3 at 6:30 a.m.*

**SUMMER SESSION:** June 10 – July 27 (six weeks)

**SUMMER CAMPS: 8:30 – 11:30 A.M.**

June 10 – 14	July 8 – 12	July 22 – 26
June 17 – 21	July 15 – 19	July 29 – August 2
June 24 – 28		

**6 WEEK BACK TO SCHOOL SESSION:** Dates TBD



**PLEASE REGISTER FOR FIRST TEE – COACHELLA VALLEY CLASSES HERE: [FTCV.ORG](http://FTCV.ORG)**

**Volunteer Opportunities Available**

**INQUIRIES?**

Please email Joy Willoughby: [jwilloughby@ftcv.org](mailto:jwilloughby@ftcv.org)  
or call **760-834-6792**



**The Golf Center**  
AT PALM DESERT

**The Best Game Improvement Facility in the Coachella Valley!**

Conveniently located in the heart of Palm Desert off Cook Street, The Golf Center at Palm Desert offers a large Driving Range with lighting for night-time use, along with practice short game and putting greens. When you are finished sharpening your game on the Range, play a round on our Par-3, 9-hole golf course. The golf course is the perfect place to improve your game, featuring small, undulating greens and is the perfect place to work on the scoring part of your game (80 - 130 yards).



**GOLF RATES (9-Holes)**

(June 1 – August 31)

Adults .....	\$20
Seniors (over 55).....	\$17
Juniors (under 17).....	\$10
Same Day 9-Hole Replay .....	\$7

**DRIVING RANGE**

Medium Bucket .....	\$10
Large Bucket .....	\$15

**GOLF CLINICS** ..... Call for details.

**RENTALS**

Pull-Cart .....	\$5
Set of Clubs .....	\$12
Individual Clubs.....	\$5

**For additional information, please call the Golf Shop at (760) 779-1877 or visit [GolfCenterPD.com](http://GolfCenterPD.com)**



# Rancho Mirage

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** : For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Rancho Mirage Community Park



71-560 San Jacinto Dr, Rancho Mirage, CA 92270  
 (760) 347-3484  
 HOURS: 6 a.m. – 9 p.m. Daily

## SPECIAL INTEREST

### RANCHO MIRAGE LIBRARY – SUMMER READING

Come and join us at the Rancho Mirage Library for some summer reading programs including arts & crafts, face painting, and sports activities such as pickleball, cornhole, and badminton. For more information, please visit [www.ranchoiragelibrary.org](http://www.ranchoiragelibrary.org)

LOCATION: Rancho Mirage Library

DATES: June 26 – July 24 DAYS: Wednesdays

AGES: All Ages

FEE: Free



# Lake Cahuilla Veterans Regional Park

58075 Jefferson St. La Quinta, CA 92253

*Enjoy the  
Great Outdoors*



**SAVE\*  
50%  
Second Night**

### Features

- Trailer/RV Camping
- Tent Camping
- Fishing Lake
- Hiking Trails
- Horseback Trail
- Picnic Shelters
- Playground
- Pet Friendly
- BBQ areas
- Showers
- Restrooms
- Sand Volleyball
- Pickleball
- Bocce Ball
- and more...

[RivCoParks.org](http://RivCoParks.org)

Online Reservations available 24/7

**1-800-234-7275 (PARKS)**

   @rivcoparks

\*To receive discount, call 800-234-7275 and mention code CAMP24. Offer expires 12/31/2024. Discount not offered during special events, holiday weekends, or in conjunction with other discounts.

# Thermal

**Please Note:** All in-person activities take place at the **Jerry Rummonds' Community & Senior Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Jerry Rummonds' Community & Senior Center



89-229 Church Street, Thermal, CA 92274  
(760) 347-3484

HOURS: Monday thru Friday: 8 a.m. – 8 p.m.  
Saturday & Sunday: Closed

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### SENIOR PROGRAM

Join us for the Thermal Senior Program where you can enjoy a day of exercise, art, guest speakers, resources, lunch, field trips, and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing

DAYS: Monday – Thursday    TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over    FEE: Free



## CAMP & AFTER SCHOOL PROGRAMS

### THERMAL AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year  
(holidays may be excluded)

May 1 – June 10 & August 22 – 30

TIME: School Dismissal to 6 p.m.

DAYS: Monday thru Friday

GRADES: Kindergarten through 6th Grade

FEE: Free\* – \*The Thermal After School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.



### SUMMER SCENE

Your summer days will be full of exciting, structured activities sure to interest both new and returning students. Each day the staff leads the group in fun and lively activities. Students engage in small group activities with others in their age group. Students have the opportunity to learn new skills and build self-esteem through Sports Activities, Creative Arts and Crafts, and group games. Enroll your child today and let the adventure begin!

DATES: June 17 – August 16

DAYS: Mondays – Fridays    TIME: 8 a.m. – 12 p.m.

AGES: 5 – 14 Years of Age    FEE: Free

# Thermal

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## COMMUNITY EVENTS

### FAMILY GLOW GOLF NIGHT

We will be having a night filled with glowing mini golf so Thermal families (and those of surrounding communities), come join the fun and sign up soon as space is limited.

DATE: Thursday, June 20

TIME: 6 – 7:30 p.m.

AGES: All families with children under the age of 18 are welcome

FEE: Free

### LGBTQ+ SOCIAL

We welcome all LGBTQ+ members of the community to join us for a youth social. We focus on creating a space for inclusivity, visibility, and acceptance of all peoples. Please register ahead of time as space is limited!

DATE: Friday, July 12 TIME: 6 – 8 p.m.

AGES: All Ages FEE: Free

### LOTERIA NIGHT

Come join us for a night of games, community, and fun! All ages are welcome to participate in a fast fun paced game of Loteria.

DATE: Thursday, May 9 TIME: 6 – 7:30 p.m.

AGES: All Ages FEE: Free

### DANCE

#### YOUTH DANCE

The youth in this program will learn the fundamentals of movement consisting of spatial awareness, movement, footwork, and more.

ENROLLMENT: May & June

DAYS: Monday & Wednesday TIMES: 6 – 7 p.m.

AGES: 7 – 12 Years of Age FEE: \$30 per Month



## MARTIAL ARTS

### YOUTH KARATE

This class focuses on a combination of traditional martial arts philosophies and strategies. This class is also about gaining self-esteem, discipline, sportsmanship skills, and personal integrity.

ENROLLMENT: June, July, August

DAYS: Mondays & Wednesdays

TIMES: 6 – 7 p.m.

AGES: 7 – 11 Years of Age FEE: \$40 Per Month

## MOVIES

### SCHOOL IS OUT MOVIE NIGHT

No tickets needed! Just come and enjoy some family-bonding time while you enjoy a movie under the stars! Be sure to bring a chair, blanket, and be ready for some fun watching a movie with family.



DATE: Friday, June 7 TIME: 8 – 9:30 p.m.

AGES: All Ages

FEE: Free

## SPECIAL INTEREST

### KIDS IN THE KITCHEN

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/tools to incorporate a healthy and active lifestyle in their daily routines and family life.

DATE: Wednesday, May 29

TIMES: 4 – 5:30 p.m. AGES: 7 – 10 Years of Age

FEE: Free thanks to funding from and the Anderson Children's Foundation



## SPORTS

For more information on sport programs in the community of Thermal please contact Michael Vargas at 760.835.5298 or email [mvargas@drd.us.com](mailto:mvargas@drd.us.com)



Check out the activities we offer in Thermal and neighboring communities at [Instagram.com/DRD\\_EastValley](https://www.instagram.com/DRD_EastValley)

# Thousand Palms

**Please Note:** All in-person activities take place at the **Thousand Palms Community Center & Park** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Thousand Palms Community Center & Park



31-189 Robert Road, Thousand Palms  
(760) 347-3484  
HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### SENIOR COMMUNITY RESOURCE FAIR

We welcome our Senior community to this resource fair to obtain information on upcoming senior activities, resources on health, literacy workshops, education, family, fitness, and much more! Raffle prizes, light refreshments, and games are amongst the fun. To learn how to be a participating vendor/partner, please contact Ana at [avelasquez@drd.us.com](mailto:avelasquez@drd.us.com)

DATE: Friday, August 23 TIME: 10 a.m. – 12 p.m.  
AGES: 50 Years of Age and Over FEE: Free

### SENIOR PROGRAM

Join us for a cup of coffee, bingo, games, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.



ENROLLMENT: Ongoing  
DAYS: Fridays TIME: 10 a.m. – 12 p.m.  
AGES: 50 Years of Age and Over FEE: Free

## ART & MUSIC

### SUMMER YOUTH SOCIAL – SILENT DISCO

We invite all children and youth to join us for a fun time as we play fun activities that include mini-golf, games, music, dancing, and a silent disco! This is a fun-filled indoor activity to help escape the heat. Space is limited please register ahead of time.

DATE: Tuesday, July 16  
TIMES: 10:30 a.m. – 12 p.m.  
AGES: 5 – 16 Years of Age FEE: Free



## CAMP & AFTER SCHOOL PROGRAMS

### SUMMER CAMP – HALF DAYS

Your camp days will be full of exciting, structured activities sure to interest both new and returning Campers. Each day the true Camp experience begins right away as the staff leads the group in fun and lively camp activities. All activities are carried out under the watchful eye of our camp Staff.

#### WEEKLY SESSIONS BEGIN:

June 10, 17, 24, July 1, 8, 15, 22, and 29

DAYS: Mondays – Thursday

TIME: 8 a.m. – 1 p.m.

AGES: 5 – 12 Years of Age

(child must have completed Kindergarten)

FEE: \$70 per Weekly Session



# Thousand Palms

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## COMMUNITY EVENTS

### END OF SCHOOL YEAR CELEBRATION

Join us for a fun day in which we get to celebrate all our student successes as they leave one school year behind to enter a much-anticipated period, **SUMMERTIME!** Bring swimwear and towel to enjoy the water-fun activities. Parents will need to complete activity waiver in order to participate.



DATE: Friday, June 7 TIME: 12 – 2 p.m.  
AGES: 4 – 12 Years of Age  
FEE: Free

## DANCE

### FOLKLORICO (Ballet Folklorico)

Learn the many different styles of the cultural dance originated in Mexico, Folklorico. As you progress in the class, there will be a few chances a year to perform live in front of friends and family at special events. Shoes and dress can be purchased with the instructor directly.

ENROLLMENT: Ongoing  
DAY: Tuesdays  
TIME, AGES & FEES:

4 – 4:45 p.m. • 3 – 5 Years of Age • \$40 per Month  
5 – 6 p.m. • 6 – 11 Years of Age • \$45 per Month  
6:15 – 7:15 p.m. • 12 Years of Age and Over • \$45 per Month



## HEALTH & FITNESS

### ZUMBA

Zumba is a dynamic, exciting, and effective fitness system with upbeat, international music and dance steps. The energizing music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing  
DAYS: Mondays, Wednesdays, Thursdays  
TIME: 7 – 8 p.m. AGES: 16 Years of Age and Over  
FEE: \$45 per Month DROP-IN FEE: \$7 per Class



## SPECIAL INTEREST

### BAKE CLASSES

Join us to learn the fundamentals of baking a delicious themed treat. Participants will be introduced to kitchen and food safety while learning how to follow a recipe, measuring ingredients, piping techniques, cookie, and cupcake decorating! Enroll now as spacing is limited.

#### Mommy & Me Bake Class – Mother's Day Themed Treat

DATE: Saturday, May 18 TIMES: 9:30 a.m. – 12 p.m.  
AGES: 5 Years of Age and Over FEE: \$20 per Person

#### Farewell Summer Bake Class – Summer Themed Treat

DATE: Saturday, August 17 TIMES: 9:30 a.m. – 12 p.m.  
AGES: 5 – 16 Years of Age FEE: \$20 per Person

**Find Treats!**

# Thousand Palms

**Please Note:** All in-person activities take place at the **Thousand Palms Community Center & Park** unless otherwise noted in the activity details that follow.



## SUMMER YOUTH SOCIAL – INDOOR GOLF

We invite all children and youth to join us for a fun time as we play mini-golf indoors in the community center. A mini course will be set up throughout the building to allow for maximum fun and to help escape the heat! Space is limited so registration is required.



DATE: Tuesday, July 16

TIME: 10:30 a.m. – 12 p.m.

AGES: 5 – 16 Years of Age FEE: Free

## THOUSAND PALMS SPORTS PLANNING COMMUNITY HUB

Are you a sports-driven individual that would like to teach others your craft? Are you excited about creating programs, cultivating new ideas, and leading others toward a path of health and wellness? If this is you, then we want to hear from you! We are looking for community input and volunteers to grow the Sports community in Thousand Palms. Everyone is welcome and it's a great opportunity to find employment with the District too. Bring your resume, questions, and/or ideas, we can't wait to meet you!

DATE: Thursday, June 27 TIME: 12 – 2 p.m.

AGES: 18 Years of Age and Over FEE: Free

## THOUSAND PALMS COMMUNITY COUNCIL MEETING

On the dates specified below, the Thousand Palms Community Council will hold their informational meeting for all who live in the community of Thousand Palms, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

Please contact [alexperex@rivco.org](mailto:alexperex@rivco.org) as meetings may be held via Zoom or may be in-person.

DATE: Thursday, May 23 • TIME: 5 – 7 p.m. • AGES: All Ages

Thank you.



# Rental Facilities

WE HAVE YOUR PERSONAL, TEAM OR BUSINESS EVENT SPACE



**YEAR-ROUND  
INDOOR/OUTDOOR POOL FACILITY  
RENTALS AVAILABLE FOR YOU!**

**Parties & Celebrations  
Events & Holidays  
Sports & Athletics**

**Meetings & Banquets  
Pool Parties  
Various Locations**

[MyRecreationDistrict.com/rentals](http://MyRecreationDistrict.com/rentals)

# Desert Survival Tips: SUMMER ADVENTURES



Friends of the  
Desert Mountains

Connect to the Land

Bring 2X the water you think you will need

☛ DRINK WATER

Hike in the early morning or early evening

☛ DRINK SOME WATER

Hike in pairs, and stay on designated trails

☛ DRINK SOME MORE WATER

Listen to your body

☛ DRINK EVEN MORE WATER

Look for signs of heat exhaustion

☛ DRANK HALF YOUR WATER? HEAD HOME!



desert hiking safety tips: [DesertMountains.org/10-essentials](https://DesertMountains.org/10-essentials)

## Calling youth ages 10-17 years old looking to explore the desert on two wheels!

*Discover the thrill of mountain biking on the breathtaking terrain of our valley and join us on this 4-part program. We've got the bikes, helmets and all the information to get you ready to ride.*



Check out [MyRecreationDistrict.com/outdoor](https://MyRecreationDistrict.com/outdoor)  
for upcoming rides or scan the QR code.



# ADAPTIVE PATHFINDER RANCH DAY TRIPS!



A fun-filled adaptive day trip to Pathfinder Ranch, open to individuals with disabilities and special needs and their family. Activities include: \*rock wall, canoeing, archery, and horse trail ride. Full information on what to bring will be available when you register.

*\*Must be at least 7 years of age to climb rock wall.*

DATES: Trip One – Saturday, June 8  
Trip Two – Sunday, June 9  
TIMES: 9 a.m. – 2 p.m.

AGES: All Ages with a Disability or  
a Special Need  
FEE: \$45 per Day Trip



## Make Your Life Easier with the Desert Rec App!

- The App is user friendly for both iPhones and Androids.
- Your Membership is always ready to use on your phone.
- Register anytime for activities.
- Plus Much More, Scan the App Today!





# Where We Are

## FIND YOUR CLOSEST DRD LOCATION

Desert Recreation District (DRD) is your source for all things recreational in the Coachella Valley. Throughout the valley, we have classes, sports and recreation activities, special events and programs for all ages. From toddlers to seniors, our facilities and beautiful parks have something for everyone.

***Get off the couch and into the Fun-Tastic times!***

### **BERMUDA DUNES**

- ♦ **Bermuda Dunes Community Center**  
78-400 Avenue 42, Bermuda Dunes

### **CATHEDRAL CITY**

- ♦ **Cathedral City High School (Swimming Pool)**  
69-250 Dinah Shore Drive, Cathedral City

### **COACHELLA**

- ♦ **Bagdouma Community Center & Park**  
51-251 Douma Street, Coachella
- ♦ **Bagdouma Pool**  
84-599 Avenue 52, Coachella

### **INDIO**

- ♦ **Indio Community Center & Park**  
45-871 Clinton Street, Indio
- ♦ **Indio Teen Center**  
81-678 Avenue 46, Indio
- ♦ **Pawley Pool Family Aquatic Complex**  
46-350 Jackson Street, Indio

### **INDIO HILLS**

- ♦ **Indio Hills Community Center & Park**  
80-400 Dillon Road, Indio Hills

### **LA QUINTA**

- ♦ **Fritz Burns Pool**  
78-107 Avenue 52, La Quinta
- ♦ **La Quinta Community Fitness Center & Park**  
77-865 Avenida Montezuma, La Quinta

### **MECCA**

- ♦ **Mecca Community Center, Park & Pool**  
65-250 Coahuilla Street, Mecca
- ♦ **Mecca Sports Park**  
91403 66th Avenue, Mecca

### **NORTH SHORE**

- ♦ **North Shore Beach & Yacht Club**  
99-155 Sea View Drive, North Shore
- ♦ **North Shore Community Park**  
99-480 70th Avenue, North Shore

### **OASIS**

- ♦ **Oasis del Desierto Park**  
88-775 Avenue 76, Thermal

### **PALM DESERT**

- ♦ **Cahuilla Hills Park**  
45-825 Edgehill Drive, Palm Desert
- ♦ **Palm Desert Community Center & Park**  
43-900 San Pablo Avenue, Palm Desert
- ♦ **Freedom Park**  
77-400 Country Club Drive, Palm Desert
- ♦ **Palm Desert Soccer Park**  
74-735 Hovley Lane, Palm Desert
- ♦ **Olsen Community Park**  
43-005 Magnesia Falls Drive, Palm Desert
- ♦ **Portola Community Center**  
45-480 Portola Avenue, Palm Desert
- ♦ **The Golf Center at Palm Desert and First Tee – Coachella Valley**  
74-945 Sheryl Drive, Palm Desert
- ♦ **University Park**  
74-802 University Park Drive, Palm Desert

### **RANCHO MIRAGE**

- ♦ **Rancho Mirage Community Park**  
71-560 San Jacinto Drive, Rancho Mirage

### **THERMAL**

- ♦ **Jerry Rummonds' Community & Senior Center**  
87-229 Church Street, Thermal

### **THOUSAND PALMS**

- ♦ **Thousand Palms Community Center & Park**  
31-189 Robert Road, Thousand Palms



### **ADMINISTRATIVE OFFICE**

45-305 Oasis Street, Indio, CA 92201  
760.347.3484  
Info@MyRecreationDistrict.com  
MyRecreationDistrict.com



Desert Recreation Foundation would like to recognize and express our gratitude for all the participation and sponsorship at our Annual Bowling Tournament Fundraiser.

Your sponsorship plays a pivotal role in enhancing the tournament's success and supporting the Desert Recreation Foundation's mission of fostering inclusive recreational opportunities and community well-being.

## Head Pin Sponsors



## Strike Sponsors



## Lane Sponsor



## Muni-Cup



## Team Sponsors

## Raffle Sponsor





## Board of Directors



**Marcos Coronel**  
President



**Benjamin Guitron IV**  
Vice President



**M. Andres Coronel**  
Treasurer



**Kimberly Barraza**  
Secretary



**Jason Dafforn**  
Board Member



**Rudy Gutierrez**  
Board Member



**Gabriela Ayala Reyes**  
Board Member

### OUR MISSION

To enrich and preserve the quality of life for residents. We do this by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreation activities, programs, parks, properties and facilities.

***Can you imagine a community without parks and recreation? Neither can we!***

We believe parks and recreation should be available to everyone in our communities no matter their income or ability.

### FINANCIAL ASSISTANCE PROGRAM

Desert Recreation Foundation programs, activities and events are open to everyone. Your Desert Recreation Foundation works closely with communities that we serve to reduce program and activity fees for residents who cannot afford to participate. Our goal is for no child or adult to be left out of the recreational, sports and out-of-school activities we offer because of limited income.

The Desert Recreation Foundation ( the Foundation) is a 501© ( 3) non-profit organization responsible for raising funds on behalf of Desert Recreation District.

Since 2001, Desert Recreation Foundation has been working behind the scenes of Desert Recreation District to enrich and preserve the quality of life for residents by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreational activities, program, parks, properties, and facilities. We believe parks, recreation opportunities, and learning programs should be available to everyone in our community, no matter their income level or ability. We make that a reality and can do so much more with your help!



***Everyone deserves access to quality parks and recreation facilities!***

***Your Support Makes It Possible!***

**PLEASE MAKE A DONATION AT THE TIME YOU ARE REGISTERING FOR A CLASS AND SEE HOW YOUR GENEROSITY CAN MAKE AN IMPACT EVERYDAY IN OUR COMMUNITIES!**

Call today to learn more (760) 347-3484 or visit our website at [DesertRecreationFoundation.org](http://DesertRecreationFoundation.org)  
**Volunteer. Sponsor. Donate.**

# July is National Park and Recreation Month:

## Where You Belong!

We celebrate our communities by sharing welcoming and inclusive programs that provide safe and friendly environments for all. Join us for fun times but stay for the camaraderie as it is *"Where You Belong."*



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## Stay Cool in The Pool!

**Take advantage of the multiple pool locations we have throughout the Coachella Valley!**

Open Swim • Lap Swim • Swim Lessons • Lifeguard Instruction • Water Fitness Classes • Jr. Water Polo\*

Cathedral City High School Pool, Bagdouma Community Pool in Coachella, Pawley Pool Family Aquatic Center in Indio, Fritz Burns Pool in La Quinta, Mecca Community Pool



*\*Please note not all locations have all amenities/classes; please see information inside this guide or visit [MyRecreationDistrict.com/swim-water-programs](http://MyRecreationDistrict.com/swim-water-programs) for details on all locations & programs.*